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Note: * indicates CIS Standard and (HT) indicates a Hand Time

Best QSSF Men's 60m Rankings as of Mar-17-2012 02:01:43 (Standard: 6.79)

Rank	Result	Athlete	Team	Date	Venue
1	6.76 *	Harold Vulgaire	Sherbrooke	Mar-08-2012	Max Bell Field House
2	6.86	Dominic Allard	Laval	Feb-25-2012	Centre Sportif
3	6.89	Sebastien Sevigny	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
4	7.10	Simon Léveillé	Sherbrooke	Jan-27-2012	Tomlinson Field House
5	7.17	Pierre-Luc Bouillon	Laval	Feb-25-2012	Centre Sportif
6	7.21	Robin Delépine	Sherbrooke	Feb-25-2012	Centre Sportif
7	7.23	Jordan Masys	McGill	Feb-18-2012	Tomlinson Fieldhouse
8	7.25	David Sarfati	McGill	Nov-26-2011	Tomlinson Field House
9	7.27	Joseph Ariwi	McGill	Dec-10-2011	Tomlinson Fieldhouse
10	7.27	Ayoub Rachati	Sherbrooke	Jan-14-2012	Centre Sportif
11	7.28	Alexander Steinbrenner	McGill	Nov-26-2011	Tomlinson Field House
12	7.33	Alexandro Allison Abaunza	Laval	Dec-10-2011	Tomlinson Fieldhouse
13	7.35	Jason Guenette	Laval	Jan-27-2012	Tomlinson Field House
14	7.36	Jean-Philippe Boutin	Laval	Feb-25-2012	Centre Sportif
15	7.38	Mathieu Boudreau	Laval	Jan-27-2012	Tomlinson Field House

Best QSSF Men's 300m Rankings as of Mar-17-2012 02:01:43 (Standard: 34.51)

Rank	Result	Athlete	Team	Date	Venue
1	0:34.96	Sebastien Sevigny	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
2	0:34.96	Robin Delépine	Sherbrooke	Jan-27-2012	Tomlinson Field House
3	0:35.34	Alexander Steinbrenner	McGill	Jan-27-2012	Tomlinson Field House
4	0:35.67	Charles-olivier Laporte	Laval	Feb-25-2012	Centre Sportif
5	0:35.80	Mathieu Boudreau	Laval	Feb-18-2012	Tomlinson Fieldhouse
6	0:36.05	Dominic Allard	Laval	Jan-27-2012	Tomlinson Field House
7	0:36.12	Steven Murray	McGill	Nov-26-2011	Tomlinson Field House
8	0:36.16	Harold Vulgaire	Sherbrooke	Jan-27-2012	Tomlinson Field House
9	0:36.25	Ayoub Rachati	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
10	0:36.48	Eric Ellemo	McGill	Feb-18-2012	Tomlinson Fieldhouse
11	0:36.73	Jean-Philippe Boutin	Laval	Jan-27-2012	Tomlinson Field House
12	0:36.88	Pierre-Luc Bouillon	Laval	Jan-27-2012	Tomlinson Field House
13	0:37.20	Pierre Sirois	Laval	Jan-27-2012	Tomlinson Field House
14	0:37.32	Benjamin Wyman	McGill	Nov-26-2011	Tomlinson Field House
15	0:38.38	Cedric Thauvin	McGill	Jan-27-2012	Tomlinson Field House

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Best QSSF Men's 600m Rankings as of Mar-17-2012 02:01:43 (Standard: 1:19.82)

Rank	Result	Athlete	Team	Date	Venue
1	1:20.18	Charles-olivier Laporte	Laval	Feb-18-2012	Tomlinson Fieldhouse
2	1:21.05	Mathieu Raymond	Laval	Feb-18-2012	Tomlinson Fieldhouse
3	1:21.58	Mathieu Boudreau	Laval	Jan-27-2012	Tomlinson Field House
4	1:21.62	Frédéric Bouchard	Laval	Feb-25-2012	Centre Sportif
5	1:22.85	Marc-André Raiche	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	1:22.93	Robin Delépine	Sherbrooke	Jan-14-2012	Centre Sportif
7	1:23.06	Mathieu Bilodeau	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
8	1:23.62	Mathieu Landry-Coté	Sherbrooke	Jan-14-2012	Centre Sportif
9	1:23.69	Guillaume Ménard	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
10	1:23.79	Sacha Plante-Dubé	Laval	Jan-27-2012	Tomlinson Field House
11	1:25.46	Philippe Larochelle	Laval	Jan-27-2012	Tomlinson Field House
12	1:25.55	Julien Barriere	Sherbrooke	Feb-25-2012	Centre Sportif
13	1:26.29	Alexander Steinbrenner	McGill	Nov-26-2011	Tomlinson Field House
14	1:27.38	Marc-Antoine Ricard	Sherbrooke	Feb-25-2012	Centre Sportif
15	1:27.66	Nathan Goldstein	McGill	Jan-21-2012	PEPS

Best QSSF Men's 1000m Rankings as of Mar-17-2012 02:01:43 (Standard: 2:26.06)

Rank	Result	Athlete	Team	Date	Venue
1	2:23.06 *	Jean-Samuel Lapointe	Laval	Feb-11-2012	B U TrackCenter
2	2:24.81 *	Charles Philibert-Thiboutot	Laval	Jan-27-2012	Tomlinson Field House
3	2:25.42 *	Mathieu Raymond	Laval	Feb-11-2012	B U TrackCenter
4	2:26.82	Charles-olivier Laporte	Laval	Feb-11-2012	B U TrackCenter
5	2:28.57	Frédéric Bouchard	Laval	Jan-27-2012	Tomlinson Field House
6	2:30.84	Marc-André Raiche	Sherbrooke	Feb-25-2012	Centre Sportif
7	2:32.07	Sacha Plante-Dubé	Laval	Feb-11-2012	B U TrackCenter
8	2:32.12	Mathieu Bilodeau	Sherbrooke	Jan-27-2012	Tomlinson Field House
9	2:33.00	Mathieu Landry-Coté	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	2:34.04	Philippe Larochelle	Laval	Feb-11-2012	B U TrackCenter
11	2:34.40	Guillaume Ménard	Sherbrooke	Jan-27-2012	Tomlinson Field House
12	2:37.46	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
13	2:37.69	Julien Barriere	Sherbrooke	Feb-25-2012	Centre Sportif
14	2:39.27	Alexandre Boucher	Laval	Feb-25-2012	Centre Sportif
15	2:44.38	Alexandre Nadeau	Sherbrooke	Jan-27-2012	Tomlinson Field House

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Best QSSF Men's 1500m Rankings as of Mar-17-2012 02:01:43 (Standard: 3:50.68)

Rank	Result	Athlete	Team	Date	Venue
1	3:47.77 *	Charles Philibert-Thiboutot	Laval	Feb-11-2012	B U TrackCenter
2	3:50.13 *	Jean-Samuel Lapointe	Laval	Jan-27-2012	Tomlinson Field House
3	3:58.95	Emmanuel Boisvert	Laval	Jan-21-2012	PEPS
4	4:00.19	Frédéric Bouchard	Laval	Jan-27-2012	Tomlinson Field House
5	4:01.97	Guillaume Ménard	Sherbrooke	Feb-25-2012	Centre Sportif
6	4:02.83	Olivier-Gabriel Lavoie	Sherbrooke	Feb-25-2012	Centre Sportif
7	4:04.23	Anthony Larouche	Laval	Jan-27-2012	Tomlinson Field House
8	4:05.58	Charles Lévesque-Tremblay	Laval	Jan-27-2012	Tomlinson Field House
9	4:06.39	Jean-Simon Fournier-Dufour	Laval	Jan-27-2012	Tomlinson Field House
10	4:07.13	Maxime Lapierre	Laval	Jan-27-2012	Tomlinson Field House
11	4:10.48	Sacha Plante-Dubé	Laval	Jan-21-2012	PEPS
12	4:11.49	Jean-Philippe Thibodeau	Laval	Jan-27-2012	Tomlinson Field House
13	4:12.49	Viktor Alexy	Sherbrooke	Jan-27-2012	Tomlinson Field House
14	4:12.56	Philippe Larochelle	Laval	Jan-21-2012	PEPS
15	4:15.18	Floribert Nsengiyumva	Sherbrooke	Feb-25-2012	Centre Sportif

Best QSSF Men's 3000m Rankings as of Mar-17-2012 02:01:43 (Standard: 8:16.95)

Rank	Result	Athlete	Team	Date	Venue
1	8:18.09	Charles Philibert-Thiboutot	Laval	Dec-10-2011	Tomlinson Fieldhouse
2	8:19.42	Jean-Samuel Lapointe	Laval	Dec-10-2011	Tomlinson Fieldhouse
3	8:23.90	Emmanuel Boisvert	Laval	Feb-11-2012	B U TrackCenter
4	8:34.57	Anthony Larouche	Laval	Feb-25-2012	Centre Sportif
5	8:35.02	Maxime Lapierre	Laval	Feb-11-2012	B U TrackCenter
6	8:45.74	Jean-Simon Fournier-Dufour	Laval	Feb-11-2012	B U TrackCenter
7	8:53.65	Jean-Philippe Thibodeau	Laval	Feb-25-2012	Centre Sportif
8	8:55.59	Charles Lévesque-Tremblay	Laval	Feb-25-2012	Centre Sportif
9	9:03.49	Floribert Nsengiyumva	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	9:12.18	Viktor Alexy	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	9:24.57	Julien Biboud	Sherbrooke	Jan-27-2012	Tomlinson Field House
12	9:35.19	Alexandre Boucher	Laval	Dec-10-2011	Tomlinson Fieldhouse
13	9:38.81	Joshua Hnizdor	McGill	Jan-14-2012	Centre Sportif
14	9:43.74	Laurent Gervais-Robert	McGill	Jan-14-2012	Centre Sportif
15	9:45.04	Felix Camirand	Sherbrooke	Jan-27-2012	Tomlinson Field House

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Best QSSF Men's 60mH Rankings as of Mar-17-2012 02:01:43 (Standard: 8.32)

Rank	Result	Athlete	Team	Date	Venue
1	8.05 *	Simon Léveillé	Sherbrooke	Mar-08-2012	Max Bell Field House
2	8.47	Jason Guenette	Laval	Feb-18-2012	Tomlinson Fieldhouse
3	8.48	Yann Thibaudier	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
4	8.55	Alexandro Allison Abaunza	Laval	Jan-21-2012	PEPS
5	8.96	Scott Hancock	McGill	Feb-03-2012	Armory Track Field Center
6	9.14	Dylan Golow	McGill	Jan-27-2012	Tomlinson Field House
7	9.61	Chris Peng	McGill	Jan-14-2012	Centre Sportif
8	10.21	Rahim Noormohamed	McGill	Jan-27-2012	Tomlinson Field House
9	10.63	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House
10	10.96	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House

Best QSSF Men's 4x200m Relay Rankings as of Mar-17-2012 02:01:43 (Standard: 1:28.99)

Rank	Result	Athlete	Team	Date	Venue
1	1:28.18 *	Sherbrooke Vert Or	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	1:30.33	Rouge et Or Université Laval	Laval	Feb-25-2012	Centre Sportif
3	1:30.49	McGill University	McGill	Feb-18-2012	Tomlinson Fieldhouse

Best QSSF Men's 4x400m Relay Rankings as of Mar-17-2012 02:01:43 (Standard: 3:20.33)

Rank	Result	Athlete	Team	Date	Venue
1	3:16.90 *	Sherbrooke Vert Or	Sherbrooke	Feb-11-2012	B U TrackCenter
2	3:21.01	Rouge et Or Université Laval	Laval	Feb-25-2012	Centre Sportif
3	3:23.74	McGill University	McGill	Feb-03-2012	Armory Track Field Center

Best QSSF Men's 4x800m Relay Rankings as of Mar-17-2012 02:01:43 (Standard: 7:44.12)

Rank	Result	Athlete	Team	Date	Venue
1	7:41.11 *	Rouge et Or Université Laval	Laval	Jan-21-2012	PEPS
2	7:56.55	Sherbrooke Vert Or	Sherbrooke	Jan-21-2012	PEPS
3	9:49.78	McGill University	McGill	Feb-25-2012	Centre Sportif

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Best QSSF Men's High Jump Rankings as of Mar-17-2012 02:01:43 (Standard: 2.01)

Rank	Result	Athlete	Team	Date	Venue
1	1.98	Jean-Gabriel Ferragne	Sherbrooke	Jan-14-2012	Centre Sportif
2	1.89	Alexandro Allison Abaunza	Laval	Jan-14-2012	Centre Sportif
3	1.87	Simon Léveillé	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
4	1.86	Dylan Golow	McGill	Jan-14-2012	Centre Sportif
5	1.84	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	1.80	Jean-Philippe Garant	McGill	Feb-04-2012	Centre Claude Robillard
7	1.75	Chris Peng	McGill	Feb-18-2012	Tomlinson Fieldhouse
8	1.72	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House
9	1.71	Jason Guenette	Laval	Jan-14-2012	Centre Sportif
10	1.66	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House
11	1.51	Rahim Noormohamed	McGill	Jan-27-2012	Tomlinson Field House

Best QSSF Men's Pole Vault Rankings as of Mar-17-2012 02:01:43 (Standard: 4.71)

Rank	Result	Athlete	Team	Date	Venue
1	4.30	Nick Busque	McGill	Feb-25-2012	Centre Sportif
2	4.30	Julien Lemoine	Sherbrooke	Feb-25-2012	Centre Sportif
3	4.17	Riley van Ryswyk	McGill	Feb-11-2012	Louis Riel Dome
4	3.85	Dylan Golow	McGill	Jan-21-2012	PEPS
5	3.70	Rahim Noormohamed	McGill	Jan-21-2012	PEPS
6	3.41	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
7	3.20	Jean-Gabriel Ferragne	Sherbrooke	Feb-25-2012	Centre Sportif

Best QSSF Men's Long Jump Rankings as of Mar-17-2012 02:01:43 (Standard: 7.07)

Rank	Result	Athlete	Team	Date	Venue
1	6.64	Jason Guenette	Laval	Feb-25-2012	Centre Sportif
2	6.63	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
3	6.56	Simon Léveillé	Sherbrooke	Feb-25-2012	Centre Sportif
4	6.39	Frederick Bouchard	McGill	Jan-14-2012	Centre Sportif
5	6.29	Joseph Ariwi	McGill	Jan-14-2012	Centre Sportif
6	6.28	Alexandro Allison Abaunza	Laval	Feb-18-2012	Tomlinson Fieldhouse
7	6.28	Sebastien Sevigny	Sherbrooke	Feb-25-2012	Centre Sportif
8	6.20	Scott Hancock	McGill	Jan-14-2012	Centre Sportif
9	6.13	Francois-Ernest Kodo	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
10	6.11	Dylan Golow	McGill	Jan-27-2012	Tomlinson Field House
11	6.09	Jean-Christophe Renaud	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
12	6.02	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House
13	5.80	Jean-Gabriel Ferragne	Sherbrooke	Jan-27-2012	Tomlinson Field House
14	5.69	Steve Ivan Tchougui	Laval	Feb-18-2012	Tomlinson Fieldhouse
15	5.61	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House

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Best QSSF Men's Triple Jump Rankings as of Mar-17-2012 02:01:43 (Standard: 14.22)

Rank	Result	Athlete	Team	Date	Venue
1	13.57	Jason Guenette	Laval	Feb-25-2012	Centre Sportif
2	13.47	Scott Hancock	McGill	Feb-25-2012	Centre Sportif
3	13.05	Yann Thibaudier	Sherbrooke	Feb-11-2012	B U TrackCenter
4	12.93	Francois-Ernest Kodo	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
5	12.85	Alexandro Allison Abaunza	Laval	Feb-25-2012	Centre Sportif
6	12.56	Jean-Gabriel Ferragne	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
7	12.30	Jean-Philippe Boutin	Laval	Feb-18-2012	Tomlinson Fieldhouse
8	11.46	Pierre-Louis Cubaret	Laval	Feb-18-2012	Tomlinson Fieldhouse
9	9.35	Riley van Ryswyk	McGill	Feb-11-2012	Louis Riel Dome

Best QSSF Men's Shot Put Rankings as of Mar-17-2012 02:01:43 (Standard: 16.14)

Rank	Result	Athlete	Team	Date	Venue
1	14.98	Alexandre Gagné	Sherbrooke	Feb-25-2012	Centre Sportif
2	14.32	Philippe Jean	Laval	Feb-25-2012	Centre Sportif
3	13.61	Vincent Bisailon	Laval	Feb-25-2012	Centre Sportif
4	11.87	Etienne Lanouette	Sherbrooke	Feb-25-2012	Centre Sportif
5	11.49	Alexander Hutchison	McGill	Jan-27-2012	Tomlinson Field House
6	11.30	Dylan Golow	McGill	Jan-27-2012	Tomlinson Field House
7	11.07	Carl Chartier	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
8	11.00	William Blais	Sherbrooke	Jan-21-2012	PEPS
9	10.99	Jonathan Fortin	Laval	Feb-25-2012	Centre Sportif
10	10.97	Simon Léveillé	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
11	10.73	Alexandro Allison Abaunza	Laval	Feb-25-2012	Centre Sportif
12	10.29	Jason Guenette	Laval	Jan-14-2012	Centre Sportif
13	10.13	Cameron McIntyre	McGill	Jan-14-2012	Centre Sportif
14	9.61	Pierre-Luc Bouillon	Laval	Jan-27-2012	Tomlinson Field House
15	9.36	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House

Best QSSF Men's 35lb Weight Throw Rankings as of Mar-17-2012 02:01:43 (Standard: 16.15)

Rank	Result	Athlete	Team	Date	Venue
1	18.26 *	Alexandre Gagné	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
2	16.89 *	Philippe Jean	Laval	Feb-18-2012	Tomlinson Fieldhouse
3	14.67	Vincent Bisailon	Laval	Feb-25-2012	Centre Sportif
4	12.92	Etienne Lanouette	Sherbrooke	Feb-25-2012	Centre Sportif
5	11.53	Carl Chartier	Sherbrooke	Feb-25-2012	Centre Sportif
6	10.83	Jonathan Fortin	Laval	Feb-25-2012	Centre Sportif
7	8.56	Cameron McIntyre	McGill	Feb-18-2012	Tomlinson Fieldhouse
8	7.41	Rahim Noormohamed	McGill	Feb-18-2012	Tomlinson Fieldhouse
9	5.75	Nick Busque	McGill	Feb-18-2012	Tomlinson Fieldhouse

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Best QSSF Men's Pentathlon Rankings as of Mar-17-2012 02:01:43 (Standard: 3602)

Rank	Result	Athlete	Team	Date	Venue
1	3566.00	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	3504.00	Simon Léveill�	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
3	3352.00	Alexandro Allison Abaunza	Laval	Feb-18-2012	Tomlinson Fieldhouse
4	3272.00	Dylan Golow	McGill	Feb-18-2012	Tomlinson Fieldhouse
5	3182.00	Jason Guenette	Laval	Jan-14-2012	Centre Sportif
6	2912.00	Scott Hancock	McGill	Feb-18-2012	Tomlinson Fieldhouse
7	2707.00	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House
8	2364.00	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House
9	1733.00	Rahim Noormohamed	McGill	Jan-27-2012	Tomlinson Field House

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