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Note: \* indicates CIS Standard and (HT) indicates a Hand Time

## **Best QSSF Men's 60m Rankings as of Feb-03-2012 14:00:45** (Standard: 6.79)

Rank	Result	Athlete	Team	Date	Venue
1	6.80	Harold Vulgaire	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	6.91	Sebastien Sevigny	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
3	6.92	Dominic Allard	Laval	Jan-21-2012	PEPS
4	7.10	Simon Léveillé	Sherbrooke	Jan-27-2012	Tomlinson Field House
5	7.24	Robin Delépine	Sherbrooke	Jan-14-2012	Centre Sportif
6	7.25	David Sarfati	McGill	Nov-26-2011	Tomlinson Field House
7	7.27	Joseph Ariwi	McGill	Dec-10-2011	Tomlinson Fieldhouse
8	7.27	Ayoub Rachati	Sherbrooke	Jan-14-2012	Centre Sportif
9	7.27	Jordan Masys	McGill	Jan-27-2012	Tomlinson Field House
10	7.27	Pierre-Luc Bouillon	Laval	Jan-21-2012	PEPS
11	7.28	Alexander Steinbrenner	McGill	Nov-26-2011	Tomlinson Field House
12	7.33	Alexandro Allison Abaunza	Laval	Dec-10-2011	Tomlinson Fieldhouse
13	7.35	Jason Guenette	Laval	Jan-27-2012	Tomlinson Field House
14	7.37	Jean-Philippe Boutin	Laval	Jan-21-2012	PEPS
15	7.38	Mathieu Boudreau	Laval	Jan-27-2012	Tomlinson Field House

## **Best QSSF Men's 300m Rankings as of Feb-03-2012 14:00:45** (Standard: 34.51)

Rank	Result	Athlete	Team	Date	Venue
1	0:34.96	Robin Delépine	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	0:35.34	Alexander Steinbrenner	McGill	Jan-27-2012	Tomlinson Field House
3	0:35.72	Sebastien Sevigny	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	0:36.05	Dominic Allard	Laval	Jan-27-2012	Tomlinson Field House
5	0:36.12	Steven Murray	McGill	Nov-26-2011	Tomlinson Field House
6	0:36.16	Harold Vulgaire	Sherbrooke	Jan-27-2012	Tomlinson Field House
7	0:36.54	Eric Ellemo	McGill	Jan-27-2012	Tomlinson Field House
8	0:36.73	Jean-Philippe Boutin	Laval	Jan-27-2012	Tomlinson Field House
9	0:36.78	Mathieu Boudreau	Laval	Jan-21-2012	PEPS
10	0:36.88	Pierre-Luc Bouillon	Laval	Jan-27-2012	Tomlinson Field House
11	0:37.20	Pierre Sirois	Laval	Jan-27-2012	Tomlinson Field House
12	0:37.32	Benjamin Wyman	McGill	Nov-26-2011	Tomlinson Field House
13	0:38.38	Cedric Thauvin	McGill	Jan-27-2012	Tomlinson Field House
14	0:38.56	Stuart Atkinson	McGill	Dec-10-2011	Tomlinson Fieldhouse
15	0:38.86	Pierre-Louis Moussavou	Laval	Jan-27-2012	Tomlinson Field House

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## Best QSSF Men's 600m Rankings as of Feb-03-2012 14:00:45 (Standard: 1:19.82)

Rank	Result	Athlete	Team	Date	Venue
1	1:20.82	Charles-olivier Laporte	Laval	Jan-27-2012	Tomlinson Field House
2	1:21.21	Mathieu Raymond	Laval	Jan-27-2012	Tomlinson Field House
3	1:21.58	Mathieu Boudreau	Laval	Jan-27-2012	Tomlinson Field House
4	1:22.81	Frédéric Bouchard	Laval	Jan-14-2012	Centre Sportif
5	1:22.85	Marc-André Raiche	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	1:22.93	Robin Delépine	Sherbrooke	Jan-14-2012	Centre Sportif
7	1:23.62	Mathieu Landry-Coté	Sherbrooke	Jan-14-2012	Centre Sportif
8	1:23.79	Sacha Plante-Dubé	Laval	Jan-27-2012	Tomlinson Field House
9	1:24.34	Mathieu Bilodeau	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	1:25.46	Philippe Larochelle	Laval	Jan-27-2012	Tomlinson Field House
11	1:26.29	Alexander Steinbrenner	McGill	Nov-26-2011	Tomlinson Field House
12	1:26.66	Julien Barriere	Sherbrooke	Jan-27-2012	Tomlinson Field House
13	1:27.66	Nathan Goldstein	McGill	Jan-21-2012	PEPS
14	1:27.72	Pierre Sirois	Laval	Jan-21-2012	PEPS
15	1:27.80	Guillaume Ménard	Sherbrooke	Jan-14-2012	Centre Sportif

## Best QSSF Men's 1000m Rankings as of Feb-03-2012 14:00:45 (Standard: 2:26.06)

Rank	Result	Athlete	Team	Date	Venue
1	2:24.81 *	Charles Philibert-Thiboutot	Laval	Jan-27-2012	Tomlinson Field House
2	2:25.15 *	Jean-Samuel Lapointe	Laval	Jan-27-2012	Tomlinson Field House
3	2:27.28	Charles-olivier Laporte	Laval	Jan-27-2012	Tomlinson Field House
4	2:28.16	Mathieu Raymond	Laval	Jan-27-2012	Tomlinson Field House
5	2:28.57	Frédéric Bouchard	Laval	Jan-27-2012	Tomlinson Field House
6	2:32.12	Mathieu Bilodeau	Sherbrooke	Jan-27-2012	Tomlinson Field House
7	2:32.53	Marc-André Raiche	Sherbrooke	Jan-27-2012	Tomlinson Field House
8	2:32.83	Sacha Plante-Dubé	Laval	Dec-10-2011	Tomlinson Fieldhouse
9	2:33.00	Mathieu Landry-Coté	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	2:34.40	Guillaume Ménard	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	2:35.72	Philippe Larochelle	Laval	Jan-27-2012	Tomlinson Field House
12	2:37.46	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
13	2:41.71	Alexandre Boucher	Laval	Jan-27-2012	Tomlinson Field House
14	2:44.38	Alexandre Nadeau	Sherbrooke	Jan-27-2012	Tomlinson Field House
15	2:44.53	Julien Barriere	Sherbrooke	Jan-27-2012	Tomlinson Field House

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## Best QSSF Men's 1500m Rankings as of Feb-03-2012 14:00:45 (Standard: 3:50.68)

Rank	Result	Athlete	Team	Date	Venue
1	3:48.74 *	Charles Philibert-Thiboutot	Laval	Jan-27-2012	Tomlinson Field House
2	3:50.13 *	Jean-Samuel Lapointe	Laval	Jan-27-2012	Tomlinson Field House
3	3:58.95	Emmanuel Boisvert	Laval	Jan-21-2012	PEPS
4	4:00.19	Frédéric Bouchard	Laval	Jan-27-2012	Tomlinson Field House
5	4:04.23	Anthony Larouche	Laval	Jan-27-2012	Tomlinson Field House
6	4:05.58	Charles Lévesque-Tremblay	Laval	Jan-27-2012	Tomlinson Field House
7	4:06.39	Jean-Simon Fournier-Dufour	Laval	Jan-27-2012	Tomlinson Field House
8	4:07.13	Maxime Lapierre	Laval	Jan-27-2012	Tomlinson Field House
9	4:08.68	Guillaume Ménard	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	4:10.48	Sacha Plante-Dubé	Laval	Jan-21-2012	PEPS
11	4:11.49	Jean-Philippe Thibodeau	Laval	Jan-27-2012	Tomlinson Field House
12	4:12.49	Viktor Alexy	Sherbrooke	Jan-27-2012	Tomlinson Field House
13	4:12.56	Philippe Larochelle	Laval	Jan-21-2012	PEPS
14	4:17.14	Alexandre Boucher	Laval	Jan-27-2012	Tomlinson Field House
15	4:23.37	Floribert Nsengiyumva	Sherbrooke	Jan-21-2012	PEPS

## Best QSSF Men's 3000m Rankings as of Feb-03-2012 14:00:45 (Standard: 8:16.95)

Rank	Result	Athlete	Team	Date	Venue
1	8:18.09	Charles Philibert-Thiboutot	Laval	Dec-10-2011	Tomlinson Fieldhouse
2	8:19.42	Jean-Samuel Lapointe	Laval	Dec-10-2011	Tomlinson Fieldhouse
3	8:30.03	Emmanuel Boisvert	Laval	Dec-10-2011	Tomlinson Fieldhouse
4	8:42.70	Anthony Larouche	Laval	Jan-27-2012	Tomlinson Field House
5	8:44.78	Maxime Lapierre	Laval	Jan-27-2012	Tomlinson Field House
6	8:57.01	Jean-Philippe Thibodeau	Laval	Dec-10-2011	Tomlinson Fieldhouse
7	9:03.49	Floribert Nsengiyumva	Sherbrooke	Jan-27-2012	Tomlinson Field House
8	9:04.86	Charles Lévesque-Tremblay	Laval	Dec-10-2011	Tomlinson Fieldhouse
9	9:05.13	Jean-Simon Fournier-Dufour	Laval	Jan-27-2012	Tomlinson Field House
10	9:12.18	Viktor Alexy	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	9:24.57	Julien Biboud	Sherbrooke	Jan-27-2012	Tomlinson Field House
12	9:35.19	Alexandre Boucher	Laval	Dec-10-2011	Tomlinson Fieldhouse
13	9:38.81	Joshua Hnizdor	McGill	Jan-14-2012	Centre Sportif
14	9:43.74	Laurent Gervais-Robert	McGill	Jan-14-2012	Centre Sportif
15	9:45.04	Felix Camirand	Sherbrooke	Jan-27-2012	Tomlinson Field House

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## Best QSSF Men's 60mH Rankings as of Feb-03-2012 14:00:45 (Standard: 8.32)

Rank	Result	Athlete	Team	Date	Venue
1	8.12 *	Simon Léveillé	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	8.47	Jason Guenette	Laval	Jan-27-2012	Tomlinson Field House
3	8.55	Alexandro Allison Abaunza	Laval	Jan-21-2012	PEPS
4	8.63	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
5	9.04	Scott Hancock	McGill	Jan-27-2012	Tomlinson Field House
6	9.14	Dylan Golow	McGill	Jan-27-2012	Tomlinson Field House
7	9.61	Chris Peng	McGill	Jan-14-2012	Centre Sportif
8	10.21	Rahim Noormohamed	McGill	Jan-27-2012	Tomlinson Field House
9	10.63	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House
10	10.96	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House

## Best QSSF Men's 4x200m Relay Rankings as of Feb-03-2012 14:00:45 (Standard: 1:28.99)

Rank	Result	Athlete	Team	Date	Venue
1	1:28.18 *	Sherbrooke Vert Or	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	1:31.43	Rouge et Or Université Laval	Laval	Dec-10-2011	Tomlinson Fieldhouse
3	1:36.18	McGill University	McGill	Nov-26-2011	Tomlinson Field House

## Best QSSF Men's 4x400m Relay Rankings as of Feb-03-2012 14:00:45 (Standard: 3:20.33)

Rank	Result	Athlete	Team	Date	Venue
1	3:22.91	Rouge et Or Université Laval	Laval	Jan-27-2012	Tomlinson Field House
2	3:26.04	Sherbrooke Vert Or	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
3	3:30.19	McGill University	McGill	Jan-27-2012	Tomlinson Field House

## Best QSSF Men's 4x800m Relay Rankings as of Feb-03-2012 14:00:45 (Standard: 7:44.12)

Rank	Result	Athlete	Team	Date	Venue
1	7:41.11 *	Rouge et Or Université Laval	Laval	Jan-21-2012	PEPS
2	7:56.55	Sherbrooke Vert Or	Sherbrooke	Jan-21-2012	PEPS

## Best QSSF Men's High Jump Rankings as of Feb-03-2012 14:00:45 (Standard: 2.01)

Rank	Result	Athlete	Team	Date	Venue
1	1.98	Jean-Gabriel Ferragne	Sherbrooke	Jan-14-2012	Centre Sportif
2	1.89	Alexandro Allison Abaunza	Laval	Jan-14-2012	Centre Sportif
3	1.86	Dylan Golow	McGill	Jan-14-2012	Centre Sportif
4	1.84	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
5	1.75	Jean-Philippe Garant	McGill	Dec-10-2011	Tomlinson Fieldhouse
6	1.75	Simon Léveillé	Sherbrooke	Jan-27-2012	Tomlinson Field House
7	1.72	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House
8	1.71	Jason Guenette	Laval	Jan-14-2012	Centre Sportif
9	1.66	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House
10	1.51	Rahim Noormohamed	McGill	Jan-27-2012	Tomlinson Field House

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## Best QSSF Men's Pole Vault Rankings as of Feb-03-2012 14:00:45 (Standard: 4.71)

Rank	Result	Athlete	Team	Date	Venue
1	4.15	Riley van Ryswyk	McGill	Jan-21-2012	PEPS
2	4.00	Nick Busque	McGill	Jan-14-2012	Centre Sportif
3	3.85	Dylan Golow	McGill	Jan-21-2012	PEPS
4	3.70	Rahim Noormohamed	McGill	Jan-21-2012	PEPS
5	3.41	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House

## Best QSSF Men's Long Jump Rankings as of Feb-03-2012 14:00:45 (Standard: 7.07)

Rank	Result	Athlete	Team	Date	Venue
1	6.63	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	6.39	Frederick Bouchard	McGill	Jan-14-2012	Centre Sportif
3	6.29	Joseph Ariwi	McGill	Jan-14-2012	Centre Sportif
4	6.24	Jason Guenette	Laval	Jan-14-2012	Centre Sportif
5	6.20	Alexandro Allison Abaunza	Laval	Jan-21-2012	PEPS
6	6.20	Scott Hancock	McGill	Jan-14-2012	Centre Sportif
7	6.11	Dylan Golow	McGill	Jan-27-2012	Tomlinson Field House
8	6.02	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House
9	5.98	Simon Léveillé	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	5.80	Jean-Gabriel Ferragne	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	5.80	Jean-Christophe Renaud	Sherbrooke	Jan-14-2012	Centre Sportif
12	5.61	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House
13	5.55	Rahim Noormohamed	McGill	Jan-27-2012	Tomlinson Field House
14	5.55	Steve Ivan Tchougui	Laval	Jan-27-2012	Tomlinson Field House
15	5.47	Etienne Tremblay-Langlois	Sherbrooke	Jan-21-2012	PEPS

## Best QSSF Men's Triple Jump Rankings as of Feb-03-2012 14:00:45 (Standard: 14.22)

Rank	Result	Athlete	Team	Date	Venue
1	13.35	Scott Hancock	McGill	Jan-27-2012	Tomlinson Field House
2	12.83	Jason Guenette	Laval	Jan-21-2012	PEPS
3	12.41	Francois-Ernest Kodo	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	11.44	Pierre-Louis Cubaret	Laval	Dec-10-2011	Tomlinson Fieldhouse
5	9.53	Alexandro Allison Abaunza	Laval	Dec-10-2011	Tomlinson Fieldhouse

## Best QSSF Men's Shot Put Rankings as of Feb-03-2012 14:00:45 (Standard: 16.14)

Rank	Result	Athlete	Team	Date	Venue
1	14.72	Alexandre Gagné	Sherbrooke	Jan-14-2012	Centre Sportif
2	14.10	Philippe Jean	Laval	Jan-21-2012	PEPS
3	13.30	Vincent Bisailon	Laval	Jan-21-2012	PEPS
4	11.49	Alexander Hutchison	McGill	Jan-27-2012	Tomlinson Field House
5	11.30	Dylan Golow	McGill	Jan-27-2012	Tomlinson Field House
6	11.07	Carl Chartier	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
7	11.00	William Blais	Sherbrooke	Jan-21-2012	PEPS
8	10.59	Etienne Lanouette	Sherbrooke	Jan-14-2012	Centre Sportif
9	10.38	Simon Léveillé	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	10.29	Jason Guenette	Laval	Jan-14-2012	Centre Sportif
11	10.13	Cameron McIntyre	McGill	Jan-14-2012	Centre Sportif
12	9.92	Alexandro Allison Abaunza	Laval	Jan-14-2012	Centre Sportif

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13	9.61	Pierre-Luc Bouillon	Laval	Jan-27-2012	Tomlinson Field House
14	9.36	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
15	7.84	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House

## Best QSSF Men's 35lb Weight Throw Rankings as of Feb-03-2012 14:00:45 (Standard: 16.15)

Rank	Result	Athlete	Team	Date	Venue
1	17.84 *	Alexandre Gagné	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	16.79 *	Philippe Jean	Laval	Dec-10-2011	Tomlinson Fieldhouse
3	14.23	Vincent Bisailon	Laval	Jan-21-2012	PEPS
4	12.48	Etienne Lanouette	Sherbrooke	Jan-14-2012	Centre Sportif
5	10.46	Carl Chartier	Sherbrooke	Nov-26-2011	Tomlinson Field House

## Best QSSF Men's Pentathlon Rankings as of Feb-03-2012 14:00:45 (Standard: 3602)

Rank	Result	Athlete	Team	Date	Venue
1	3566.00	Yann Thibaudier	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	3311.00	Alexandro Allison Abaunza	Laval	Jan-14-2012	Centre Sportif
3	3263.00	Dylan Golow	McGill	Jan-27-2012	Tomlinson Field House
4	3193.00	Simon Léveill�	Sherbrooke	Jan-27-2012	Tomlinson Field House
5	3182.00	Jason Guenette	Laval	Jan-14-2012	Centre Sportif
6	2707.00	Nick Busque	McGill	Jan-27-2012	Tomlinson Field House
7	2364.00	Riley van Ryswyk	McGill	Jan-27-2012	Tomlinson Field House
8	1733.00	Rahim Noormohamed	McGill	Jan-27-2012	Tomlinson Field House

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