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Note: * indicates CIS Standard and (HT) indicates a Hand Time

Best QSSF Women's 60m Rankings as of Mar-17-2012 02:02:30 (Standard: 7.61)

Rank	Result	Athlete	Team	Date	Venue
1	7.45 *	Kimberly Hyacinthe	UQAM	Feb-18-2012	Tomlinson Fieldhouse
2	7.69	Pascale Delisle	Sherbrooke	Feb-25-2012	Centre Sportif
3	7.77	Laurence Beaudet	Montreal	Jan-27-2012	Tomlinson Field House
4	7.97	Genevieve Blanchard	McGill	Jan-27-2012	Tomlinson Field House
5	8.01	Amélie Gélinas-Lafreniere	Sherbrooke	Feb-25-2012	Centre Sportif
6	8.03	Eloise Rheault	Sherbrooke	Jan-27-2012	Tomlinson Field House
7	8.06	Laurie Daudelin-Gauthier	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
8	8.07	Sabrina Neron	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
9	8.12	Mélanie Blouin	Laval	Dec-10-2011	Tomlinson Fieldhouse
10	8.15	Majenta Whyte Potter-Mal	McGill	Dec-10-2011	Tomlinson Fieldhouse
11	8.16	Julie Armand	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
12	8.16	Justine Bernier	Sherbrooke	Feb-25-2012	Centre Sportif
13	8.17	Alexandra Morin-Boucher	McGill	Jan-27-2012	Tomlinson Field House
14	8.23	Josée-Anne Sarrazin-Coté	Sherbrooke	Feb-25-2012	Centre Sportif
15	8.23	Frédérique Djoussou-Lorng	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse

Best QSSF Women's 300m Rankings as of Mar-17-2012 02:02:30 (Standard: 39.75)

Rank	Result	Athlete	Team	Date	Venue
1	0:39.87	Kimberly Hyacinthe	UQAM	Jan-27-2012	Tomlinson Field House
2	0:40.33 (40.10 400m)	Alexandra Morin-Boucher	McGill	Feb-11-2012	Louis Riel Dome
3	0:40.65	Pascale Delisle	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	0:40.89	Nana Momoh	Sherbrooke	Mar-08-2012	Max Bell Field House
5	0:41.50	Sabrina Neron	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
6	0:41.81	Genevieve Blanchard	McGill	Jan-27-2012	Tomlinson Field House
7	0:42.30	Amélie Gélinas-Lafreniere	Sherbrooke	Feb-25-2012	Centre Sportif
8	0:42.49	Myriam Lamontagne	Laval	Feb-18-2012	Tomlinson Fieldhouse
9	0:42.73	Annick Mottard	Laval	Feb-25-2012	Centre Sportif
10	0:42.91	Julie Armand	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
11	0:44.15	Annaelle Kaczmarek	Sherbrooke	Feb-25-2012	Centre Sportif
12	0:44.41	Eve-Lyne Robitaille-Beaumier	Sherbrooke	Feb-25-2012	Centre Sportif
13	0:44.82	Catherine Gauthier	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
14	0:44.93	Kamila Rogic-McLean	McGill	Feb-18-2012	Tomlinson Fieldhouse
15	0:44.94	Catherine Drouin-Audet	McGill	Jan-14-2012	Centre Sportif

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Best QSSF Women's 600m Rankings as of Mar-17-2012 02:02:30 (Standard: 1:32.81)

Rank	Result	Athlete	Team	Date	Venue
1	1:32.39 *	Charlene Puel	McGill	Jan-27-2012	Tomlinson Field House
2	1:33.08	Nana Momoh	Sherbrooke	Feb-25-2012	Centre Sportif
3	1:34.74	Laurence Côté	Laval	Feb-25-2012	Centre Sportif
4	1:34.93	Alexandra Morin-Boucher	McGill	Feb-25-2012	Centre Sportif
5	1:37.59	Catherine Drouin-Audet	McGill	Jan-14-2012	Centre Sportif
6	1:38.66	Alexandre Desmarais-Gagnon	Sherbrooke	Feb-25-2012	Centre Sportif
7	1:38.97	Aimee Castro	McGill	Jan-21-2012	PEPS
8	1:39.71	Catherine Gauthier	Sherbrooke	Jan-14-2012	Centre Sportif
9	1:40.01	Charlotte Jacquemin	Montreal	Jan-14-2012	Centre Sportif
10	1:40.58	Annick Mottard	Laval	Jan-21-2012	PEPS
11	1:42.64	Amélie Gélinas-Lafreniere	Sherbrooke	Jan-14-2012	Centre Sportif
12	1:44.54	Debra Kelsall	McGill	Jan-27-2012	Tomlinson Field House
13	1:44.59	Audrey-Anne Henri	McGill	Jan-27-2012	Tomlinson Field House
14	1:45.61	Marie-Frédérique St-Cyr	Sherbrooke	Feb-25-2012	Centre Sportif
15	1:45.99	Elaura Martel	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse

Best QSSF Women's 1000m Rankings as of Mar-17-2012 02:02:30 (Standard: 2:50.04)

Rank	Result	Athlete	Team	Date	Venue
1	2:48.26 *	Charlene Puel	McGill	Jan-27-2012	Tomlinson Field House
2	2:49.09 *	Laurence Côté	Laval	Feb-11-2012	B U TrackCenter
3	2:53.82	Catherine Drouin-Audet	McGill	Jan-27-2012	Tomlinson Field House
4	2:54.90	Aimee Castro	McGill	Feb-03-2012	Armory Track Field Center
5	2:57.17	Sarah McCuaig	McGill	Feb-18-2012	Tomlinson Fieldhouse
6	2:57.41	Alexandre Desmarais-Gagnon	Sherbrooke	Feb-11-2012	B U TrackCenter
7	3:00.73	Gabrielle Lebel	Sherbrooke	Jan-27-2012	Tomlinson Field House
8	3:01.07	Evelyn Anderson	McGill	Feb-03-2012	Armory Track Field Center
9	3:01.60	Josée Picard-Arsenault	Laval	Feb-11-2012	B U TrackCenter
10	3:02.41	Gabrielle Jeannotte-Maranda	Sherbrooke	Feb-11-2012	B U TrackCenter
11	3:04.85	Gina Pinsonnault-Bilodeau	McGill	Jan-27-2012	Tomlinson Field House
12	3:05.65	Madeleine Williams	McGill	Feb-18-2012	Tomlinson Fieldhouse
13	3:08.05	Debra Kelsall	McGill	Feb-18-2012	Tomlinson Fieldhouse
14	3:09.05	Charlotte Jacquemin	Montreal	Jan-14-2012	Centre Sportif
15	3:09.16	Annick Mottard	Laval	Dec-10-2011	Tomlinson Fieldhouse

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Best QSSF Women's 1500m Rankings as of Mar-17-2012 02:02:30 (Standard: 4:31.23)

Rank	Result	Athlete	Team	Date	Venue
1	4:39.12	Sarah McCuaig	McGill	Jan-27-2012	Tomlinson Field House
2	4:39.96	Gabrielle Lebel	Sherbrooke	Feb-11-2012	B U TrackCenter
3	4:46.18	Caroline Gendron	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	4:48.66	Evelyn Anderson	McGill	Jan-21-2012	PEPS
5	4:49.69	Jessica Porfilio	McGill	Jan-27-2012	Tomlinson Field House
6	4:52.48	Gina Pinsonnault-Bilodeau	McGill	Jan-27-2012	Tomlinson Field House
7	4:53.16	Madeleine Williams	McGill	Feb-25-2012	Centre Sportif
8	4:53.27	Gabrielle Jeannotte-Maranda	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
9	4:53.56	Josée Picard-Arsenault	Laval	Jan-27-2012	Tomlinson Field House
10	4:54.37	Marilou Ferland-Daigle	Laval	Jan-27-2012	Tomlinson Field House
11	4:55.66	Béatrice Deschênes	Laval	Feb-25-2012	Centre Sportif
12	4:57.44	Jullien Flynn	McGill	Feb-25-2012	Centre Sportif
13	4:57.84	Isabelle Morin	Laval	Feb-25-2012	Centre Sportif
14	4:59.80 (4:58.45 400m)	Debra Kelsall	McGill	Feb-11-2012	Louis Riel Dome
15	5:02.59	Anika Rozon	Sherbrooke	Jan-14-2012	Centre Sportif

Best QSSF Women's 3000m Rankings as of Mar-17-2012 02:02:30 (Standard: 9:47.19)

Rank	Result	Athlete	Team	Date	Venue
1	9:38.33 *	Catherine Cormier	Laval	Feb-18-2012	Tomlinson Fieldhouse
2	9:57.36	Sarah McCuaig	McGill	Feb-03-2012	Armory Track Field Center
3	10:01.62	Jessica Porfilio	McGill	Feb-03-2012	Armory Track Field Center
4	10:19.88	Jullien Flynn	McGill	Feb-03-2012	Armory Track Field Center
5	10:23.17	Gina Pinsonnault-Bilodeau	McGill	Feb-03-2012	Armory Track Field Center
6	10:27.61	Marilou Ferland-Daigle	Laval	Feb-11-2012	B U TrackCenter
7	10:37.37	Isabelle Morin	Laval	Feb-25-2012	Centre Sportif
8	10:40.07	Sara Grand'Maison	Sherbrooke	Feb-11-2012	B U TrackCenter
9	10:43.02	Béatrice Deschênes	Laval	Feb-11-2012	B U TrackCenter
10	10:47.98	Anaïs Deschênes	Laval	Feb-25-2012	Centre Sportif
11	10:49.98	Madeleine Williams	McGill	Jan-14-2012	Centre Sportif
12	10:51.11	Elsa Lamarre-Tremblay	Laval	Dec-10-2011	Tomlinson Fieldhouse
13	10:58.11	Anika Rozon	Sherbrooke	Feb-11-2012	B U TrackCenter
14	11:15.34	Mélanie Michaud	Sherbrooke	Feb-25-2012	Centre Sportif
15	11:28.24	Alexandra Lachance	Laval	Dec-10-2011	Tomlinson Fieldhouse

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Best QSSF Women's 60mH Rankings as of Mar-17-2012 02:02:30 (Standard: 8.76)

Rank	Result	Athlete	Team	Date	Venue
1	8.52 *	Laurence Beaudet	Montreal	Feb-25-2012	Centre Sportif
2	8.64 *	Pascale Delisle	Sherbrooke	Mar-08-2012	Max Bell Field House
3	8.81	Tamara Cap	Montreal	Jan-28-2012	Tomlinson Field House
4	9.27	Katerine Dugas	Montreal	Feb-25-2012	Centre Sportif
5	9.70	Catherine Gauthier	Sherbrooke	Feb-25-2012	Centre Sportif
6	9.73	Alana Battiston	McGill	Jan-14-2012	Centre Sportif
7	9.92	Eloise Rheault	Sherbrooke	Jan-21-2012	PEPS
8	9.97	Annaelle Kaczmarek	Sherbrooke	Feb-25-2012	Centre Sportif
9	10.08	Marie-Hélène Lavallé-Bourget	Laval	Feb-25-2012	Centre Sportif
10	10.14	Emmanuelle Chazal	Laval	Feb-18-2012	Tomlinson Fieldhouse
11	10.24	Sonia Chartrand	Sherbrooke	Feb-25-2012	Centre Sportif
12	11.35	Raphaëlle Roulin	Laval	Feb-18-2012	Tomlinson Fieldhouse
13	12.31	Danielle Tohill	McGill	Jan-27-2012	Tomlinson Field House

Best QSSF Women's 4x200m Relay Rankings as of Mar-17-2012 02:02:30 (Standard: 1:42.51)

Rank	Result	Athlete	Team	Date	Venue
1	1:44.40	Sherbrooke Vert Or	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	1:46.46	McGill University	McGill	Jan-27-2012	Tomlinson Field House
3	1:50.43	Rouge et Or Université Laval	Laval	Feb-25-2012	Centre Sportif

Best QSSF Women's 4x400m Relay Rankings as of Mar-17-2012 02:02:30 (Standard: 3:53.41)

Rank	Result	Athlete	Team	Date	Venue
1	3:51.10 *	Sherbrooke Vert Or	Sherbrooke	Mar-08-2012	Max Bell Field House
2	3:55.10	McGill University	McGill	Feb-03-2012	Armory Track Field Center
3	4:08.84	Rouge et Or Université Laval	Laval	Feb-25-2012	Centre Sportif

Best QSSF Women's 4x800m Relay Rankings as of Mar-17-2012 02:02:30 (Standard: 9:06.96)

Rank	Result	Athlete	Team	Date	Venue
1	8:58.93 *	McGill University	McGill	Mar-08-2012	Max Bell Field House
2	9:23.18	Sherbrooke Vert Or	Sherbrooke	Feb-25-2012	Centre Sportif
3	10:21.34	Rouge et Or Université Laval	Laval	Feb-25-2012	Centre Sportif

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Best QSSF Women's High Jump Rankings as of Mar-17-2012 02:02:30 (Standard: 1.71)

Rank	Result	Athlete	Team	Date	Venue
1	1.71 *	Katerine Dugas	Montreal	Feb-25-2012	Centre Sportif
2	1.68	Pascale Delisle	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
3	1.60	Audrey Morin-Lemay	Sherbrooke	Jan-14-2012	Centre Sportif
4	1.55	Alana Battiston	McGill	Dec-10-2011	Tomlinson Fieldhouse
5	1.54	Emmanuelle Chazal	Laval	Jan-14-2012	Centre Sportif
6	1.50	Annaelle Kaczmarek	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
7	1.50	Isabel Pett	McGill	Jan-14-2012	Centre Sportif
8	1.50	Jessie Thibault	Laval	Jan-21-2012	PEPS
9	1.48	Sonia Chartrand	Sherbrooke	Jan-14-2012	Centre Sportif
10	1.45	Anna Zisa	McGill	Nov-26-2011	Tomlinson Field House
11	1.45	Stéphanie Desharnais-Dion	Laval	Dec-10-2011	Tomlinson Fieldhouse
12	1.42	Marie-Hélène Lavallé-Bourget	Laval	Jan-14-2012	Centre Sportif
13	1.40	Frédérique Djoussou-Lorng	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
14	1.35	Raphaëlle Roulin	Laval	Feb-18-2012	Tomlinson Fieldhouse
15	1.30	Anabelle Williams	McGill	Feb-18-2012	Tomlinson Fieldhouse

Best QSSF Women's Pole Vault Rankings as of Mar-17-2012 02:02:30 (Standard: 3.75)

Rank	Result	Athlete	Team	Date	Venue
1	3.81 *	Mélanie Blouin	Laval	Dec-17-2011	Louis Riel Dome
2	3.55	Noémie Forget	UQAM	Jan-27-2012	Tomlinson Field House
3	3.05	Nicole Rollins	McGill	Feb-18-2012	Tomlinson Fieldhouse
4	2.85	Sarah Solnit	McGill	Nov-26-2011	Tomlinson Field House
5	2.70	Emmanuelle Chazal	Laval	Jan-21-2012	PEPS
6	2.60	Virginie Benoit-Dunnigan	Sherbrooke	Feb-25-2012	Centre Sportif
7	2.50	Raphaëlle Roulin	Laval	Jan-21-2012	PEPS
8	2.40	Mélessandre Labrie	Sherbrooke	Feb-25-2012	Centre Sportif
9	2.30	Marie-Hélène Lavallé-Bourget	Laval	Jan-21-2012	PEPS
10	2.20	Josephine Tan	McGill	Feb-25-2012	Centre Sportif
11	2.00	Pascale Delisle	Sherbrooke	Jan-27-2012	Tomlinson Field House
12	2.00	Marie-Andrée Murphy-Desjardins	Sherbrooke	Feb-25-2012	Centre Sportif
13	1.80	Sonia Chartrand	Sherbrooke	Jan-27-2012	Tomlinson Field House
14	1.70	Marie-Audrée Desjardins	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse

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Best QSSF Women's Long Jump Rankings as of Mar-17-2012 02:02:30 (Standard: 5.70)

Rank	Result	Athlete	Team	Date	Venue
1	6.14 *	Laurence Beaudet	Montreal	Feb-18-2012	Tomlinson Fieldhouse
2	5.88 *	Pascale Delisle	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
3	5.47	Tamara Cap	Montreal	Feb-25-2012	Centre Sportif
4	5.45	Eloise Rheault	Sherbrooke	Feb-25-2012	Centre Sportif
5	5.41	Justine Bernier	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	5.26	Mélanie Blouin	Laval	Dec-10-2011	Tomlinson Fieldhouse
7	5.16	Katerine Dugas	Montreal	Feb-18-2012	Tomlinson Fieldhouse
8	5.15	Josée-Anne Sarrazin-Coté	Sherbrooke	Feb-25-2012	Centre Sportif
9	5.10	Laurie Daudelin-Gauthier	Sherbrooke	Jan-14-2012	Centre Sportif
10	5.09	Stéphanie Desharnais-Dion	Laval	Feb-25-2012	Centre Sportif
11	5.05	Audrey Morin-Lemay	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
12	5.04	Majenta Whyte Potter-Mal	McGill	Jan-14-2012	Centre Sportif
13	4.95	Sophia Abassi	Sherbrooke	Feb-25-2012	Centre Sportif
14	4.93	Annaelle Kaczmarek	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
15	4.84	Emmanuelle Chazal	Laval	Jan-27-2012	Tomlinson Field House

Best QSSF Women's Triple Jump Rankings as of Mar-17-2012 02:02:30 (Standard: 12.24)

Rank	Result	Athlete	Team	Date	Venue
1	11.69	Josée-Anne Sarrazin-Coté	Sherbrooke	Feb-25-2012	Centre Sportif
2	11.61	Audrey Morin-Lemay	Sherbrooke	Feb-25-2012	Centre Sportif
3	11.30	Stéphanie Desharnais-Dion	Laval	Feb-25-2012	Centre Sportif
4	11.06	Justine Bernier	Sherbrooke	Feb-25-2012	Centre Sportif
5	11.01	Pascale Delisle	Sherbrooke	Jan-14-2012	Centre Sportif
6	10.84	Sophia Abassi	Sherbrooke	Feb-25-2012	Centre Sportif
7	10.21	Majenta Whyte Potter-Mal	McGill	Feb-25-2012	Centre Sportif
8	9.56	Milène Lokrou	Laval	Jan-21-2012	PEPS

Best QSSF Women's Shot Put Rankings as of Mar-17-2012 02:02:30 (Standard: 13.27)

Rank	Result	Athlete	Team	Date	Venue
1	12.50	Myriam Dumont-Breton	Sherbrooke	Jan-21-2012	PEPS
2	11.76	Lucie-Maude Tétreault	Montreal	Jan-27-2012	Tomlinson Field House
3	11.44	Annie Larose	Sherbrooke	Feb-25-2012	Centre Sportif
4	10.75	Sonia Chartrand	Sherbrooke	Feb-25-2012	Centre Sportif
5	10.58	Pascale Delisle	Sherbrooke	Jan-14-2012	Centre Sportif
6	10.52	Emmanuelle Chazal	Laval	Feb-25-2012	Centre Sportif
7	9.80	Anne-Marie Therien	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
8	9.64	Katerine Dugas	Montreal	Feb-04-2012	Centre Claude Robillard
9	9.62	Rose Allard-Dumas	Laval	Feb-25-2012	Centre Sportif
10	8.23	Claude Leclerc-Jacques	Laval	Jan-21-2012	PEPS
11	8.10	Cinthia-Jade Renaud	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
12	7.85	Marie-Andrée Murphy-Desjardins	Sherbrooke	Jan-27-2012	Tomlinson Field House
13	7.78	Marie-Hélène Lavallé-Bourget	Laval	Feb-18-2012	Tomlinson Fieldhouse
14	7.32	Nathalie Séguin	Laval	Feb-25-2012	Centre Sportif
15	7.16	Raphaëlle Roulin	Laval	Feb-18-2012	Tomlinson Fieldhouse

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Best QSSF Women's 20lb Weight Throw Rankings as of Mar-17-2012 02:02:30 (Standard: 16.47)

Rank	Result	Athlete	Team	Date	Venue
1	17.60 *	Annie Larose	Sherbrooke	Mar-08-2012	Max Bell Field House
2	13.52	Myriam Dumont-Breton	Sherbrooke	Jan-21-2012	PEPS
3	11.91	Rose Allard-Dumas	Laval	Feb-18-2012	Tomlinson Fieldhouse
4	11.55	Claude Leclerc-Jacques	Laval	Feb-25-2012	Centre Sportif
5	10.60	Nathalie Séguin	Laval	Feb-18-2012	Tomlinson Fieldhouse
6	10.10	Cynthia-Jade Renaud	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
7	9.01	Séguin Nathalie	Laval	Jan-21-2012	PEPS

Best QSSF Women's Pentathlon Rankings as of Mar-17-2012 02:02:30 (Standard: 3598)

Rank	Result	Athlete	Team	Date	Venue
1	3859.00 *	Pascale Delisle	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
2	3336.00	Katerine Dugas	Montreal	Feb-18-2012	Tomlinson Fieldhouse
3	2837.00	Emmanuelle Chazal	Laval	Feb-18-2012	Tomlinson Fieldhouse
4	2752.00	Annaelle Kaczmarek	Sherbrooke	Feb-18-2012	Tomlinson Fieldhouse
5	2686.00	Sonia Chartrand	Sherbrooke	Jan-14-2012	Centre Sportif
6	2577.00	Marie-Hélène Lavallé-Bourget	Laval	Feb-18-2012	Tomlinson Fieldhouse
7	2133.00	Raphaëlle Roulin	Laval	Feb-18-2012	Tomlinson Fieldhouse
8	1721.00	Isabelle St. Jean	McGill	Feb-18-2012	Tomlinson Fieldhouse

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