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Note: \* indicates CIS Standard and (HT) indicates a Hand Time

## **Best QSSF Women's 60m Rankings as of Feb-03-2012 17:01:43** (Standard: 7.61)

Rank	Result	Athlete	Team	Date	Venue
1	7.49 *	Kimberly Hyacinthe	UQAM	Jan-27-2012	Tomlinson Field House
2	7.77	Laurence Beaudet	Montreal	Jan-27-2012	Tomlinson Field House
3	7.81	Pascale Delisle	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	7.97	Genevieve Blanchard	McGill	Jan-27-2012	Tomlinson Field House
5	8.03	Eloise Rheault	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	8.03	Amélie Gélinas-Lafreniere	Sherbrooke	Jan-14-2012	Centre Sportif
7	8.07	Sabrina Neron	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
8	8.12	Mélanie Blouin	Laval	Dec-10-2011	Tomlinson Fieldhouse
9	8.15	Majenta Whyte Potter-Mal	McGill	Dec-10-2011	Tomlinson Fieldhouse
10	8.17	Alexandra Morin-Boucher	McGill	Jan-27-2012	Tomlinson Field House
11	8.18	Justine Bernier	Sherbrooke	Jan-14-2012	Centre Sportif
12	8.20	Laurie Daudelin-Gauthier	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
13	8.27	Julie Armand	Sherbrooke	Jan-27-2012	Tomlinson Field House
14	8.29	Frédérique Djoussou-Lorgn	Sherbrooke	Jan-14-2012	Centre Sportif
15	8.36	Myriam Lamontagne	Laval	Jan-21-2012	PEPS

## **Best QSSF Women's 300m Rankings as of Feb-03-2012 17:01:43** (Standard: 39.75)

Rank	Result	Athlete	Team	Date	Venue
1	0:39.87	Kimberly Hyacinthe	UQAM	Jan-27-2012	Tomlinson Field House
2	0:40.43	Alexandra Morin-Boucher	McGill	Dec-10-2011	Tomlinson Fieldhouse
3	0:40.65	Pascale Delisle	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	0:41.81	Genevieve Blanchard	McGill	Jan-27-2012	Tomlinson Field House
5	0:41.93	Sabrina Neron	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	0:42.83	Amélie Gélinas-Lafreniere	Sherbrooke	Jan-14-2012	Centre Sportif
7	0:43.43	Julie Armand	Sherbrooke	Jan-27-2012	Tomlinson Field House
8	0:43.62	Myriam Lamontagne	Laval	Jan-27-2012	Tomlinson Field House
9	0:44.94	Catherine Drouin-Audet	McGill	Jan-14-2012	Centre Sportif
10	0:44.98	Eve-Lyne Robitaille-Beaumier	Sherbrooke	Jan-14-2012	Centre Sportif
11	0:45.08	Kamila Rogic-McLean	McGill	Jan-27-2012	Tomlinson Field House
12	0:45.31	Anna Zisa	McGill	Nov-26-2011	Tomlinson Field House
13	0:45.46	Majenta Whyte Potter-Mal	McGill	Dec-10-2011	Tomlinson Fieldhouse
14	0:45.79	Alexis Giannelia	McGill	Dec-10-2011	Tomlinson Fieldhouse
15	0:45.86	Audrey-Anne Henri	McGill	Jan-27-2012	Tomlinson Field House

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## Best QSSF Women's 600m Rankings as of Feb-03-2012 17:01:43 (Standard: 1:32.81)

Rank	Result	Athlete	Team	Date	Venue
1	1:32.39 *	Charlene Puel	McGill	Jan-27-2012	Tomlinson Field House
2	1:33.84	Nana Momoh	Sherbrooke	Jan-27-2012	Tomlinson Field House
3	1:35.35	Alexandra Morin-Boucher	McGill	Jan-27-2012	Tomlinson Field House
4	1:36.63	Laurence Côté	Laval	Jan-14-2012	Centre Sportif
5	1:37.59	Catherine Drouin-Audet	McGill	Jan-14-2012	Centre Sportif
6	1:38.97	Aimee Castro	McGill	Jan-21-2012	PEPS
7	1:39.06	Alexandre Desmarais-Gagnon	Sherbrooke	Jan-14-2012	Centre Sportif
8	1:39.71	Catherine Gauthier	Sherbrooke	Jan-14-2012	Centre Sportif
9	1:40.01	Charlotte Jacquemin	Montreal	Jan-14-2012	Centre Sportif
10	1:40.58	Annick Mottard	Laval	Jan-21-2012	PEPS
11	1:42.64	Amélie Gélinas-Lafreniere	Sherbrooke	Jan-14-2012	Centre Sportif
12	1:44.54	Debra Kelsall	McGill	Jan-27-2012	Tomlinson Field House
13	1:44.59	Audrey-Anne Henri	McGill	Jan-27-2012	Tomlinson Field House
14	1:46.54	Elaura Martel	Sherbrooke	Jan-27-2012	Tomlinson Field House
15	1:48.19	Marie-Frédérique St-Cyr	Sherbrooke	Jan-14-2012	Centre Sportif

## Best QSSF Women's 1000m Rankings as of Feb-03-2012 17:01:43 (Standard: 2:50.04)

Rank	Result	Athlete	Team	Date	Venue
1	2:48.26 *	Charlene Puel	McGill	Jan-27-2012	Tomlinson Field House
2	2:52.73	Laurence Côté	Laval	Jan-27-2012	Tomlinson Field House
3	2:53.82	Catherine Drouin-Audet	McGill	Jan-27-2012	Tomlinson Field House
4	2:55.82	Aimee Castro	McGill	Jan-27-2012	Tomlinson Field House
5	3:00.73	Gabrielle Lebel	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	3:02.51	Alexandre Desmarais-Gagnon	Sherbrooke	Jan-27-2012	Tomlinson Field House
7	3:03.65	Evelyn Anderson	McGill	Jan-27-2012	Tomlinson Field House
8	3:04.85	Gina Pinsonnault-Bilodeau	McGill	Jan-27-2012	Tomlinson Field House
9	3:05.13	Josée Picard-Arsenault	Laval	Jan-27-2012	Tomlinson Field House
10	3:06.51	Gabrielle Jeannotte-Maranda	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	3:09.05	Charlotte Jacquemin	Montreal	Jan-14-2012	Centre Sportif
12	3:09.16	Annick Mottard	Laval	Dec-10-2011	Tomlinson Fieldhouse
13	3:09.24	Debra Kelsall	McGill	Jan-27-2012	Tomlinson Field House
14	3:11.83	Elaura Martel	Sherbrooke	Jan-27-2012	Tomlinson Field House
15	3:13.65	Alexandra Lachance	Laval	Jan-27-2012	Tomlinson Field House

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## Best QSSF Women's 1500m Rankings as of Feb-03-2012 17:01:43 (Standard: 4:31.23)

Rank	Result	Athlete	Team	Date	Venue
1	4:39.12	Sarah McCuaig	McGill	Jan-27-2012	Tomlinson Field House
2	4:43.46	Gabrielle Lebel	Sherbrooke	Jan-27-2012	Tomlinson Field House
3	4:46.18	Caroline Gendron	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	4:48.66	Evelyn Anderson	McGill	Jan-21-2012	PEPS
5	4:49.69	Jessica Porfilio	McGill	Jan-27-2012	Tomlinson Field House
6	4:52.48	Gina Pinsonnault-Bilodeau	McGill	Jan-27-2012	Tomlinson Field House
7	4:53.56	Josée Picard-Arsenault	Laval	Jan-27-2012	Tomlinson Field House
8	4:54.37	Marilou Ferland-Daigle	Laval	Jan-27-2012	Tomlinson Field House
9	4:55.23	Gabrielle Jeannotte-Maranda	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	4:59.03	Jullien Flynn	McGill	Jan-21-2012	PEPS
11	5:02.17	Isabelle Morin	Laval	Jan-27-2012	Tomlinson Field House
12	5:02.59	Anika Rozon	Sherbrooke	Jan-14-2012	Centre Sportif
13	5:02.72	Béatrice Deschênes	Laval	Jan-21-2012	PEPS
14	5:03.97	Anaïs Deschênes	Laval	Jan-27-2012	Tomlinson Field House
15	5:09.39	Alexandra Lachance	Laval	Jan-27-2012	Tomlinson Field House

## Best QSSF Women's 3000m Rankings as of Feb-03-2012 17:01:43 (Standard: 9:47.19)

Rank	Result	Athlete	Team	Date	Venue
1	10:18.39	Jessica Porfilio	McGill	Jan-27-2012	Tomlinson Field House
2	10:28.07	Jullien Flynn	McGill	Jan-27-2012	Tomlinson Field House
3	10:46.35	Marilou Ferland-Daigle	Laval	Jan-27-2012	Tomlinson Field House
4	10:49.98	Madeleine Williams	McGill	Jan-14-2012	Centre Sportif
5	10:50.55	Béatrice Deschênes	Laval	Jan-27-2012	Tomlinson Field House
6	10:51.11	Elsa Lamarre-Tremblay	Laval	Dec-10-2011	Tomlinson Fieldhouse
7	10:53.05	Sara Grand'Maison	Sherbrooke	Jan-27-2012	Tomlinson Field House
8	10:55.91	Isabelle Morin	Laval	Dec-10-2011	Tomlinson Fieldhouse
9	10:58.01	Anaïs Deschênes	Laval	Jan-27-2012	Tomlinson Field House
10	11:19.28	Anika Rozon	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	11:22.25	Mélanie Michaud	Sherbrooke	Jan-27-2012	Tomlinson Field House
12	11:28.24	Alexandra Lachance	Laval	Dec-10-2011	Tomlinson Fieldhouse

## Best QSSF Women's 60mH Rankings as of Feb-03-2012 17:01:43 (Standard: 8.76)

Rank	Result	Athlete	Team	Date	Venue
1	8.70 *	Laurence Beaudet	Montreal	Jan-27-2012	Tomlinson Field House
2	8.77	Pascale Delisle	Sherbrooke	Jan-21-2012	Thompson Recreation and Athletic Centre
3	8.81	Tamara Cap	Montreal	Jan-28-2012	Tomlinson Field House
4	9.39	Katerine Dugas	Montreal	Jan-27-2012	Tomlinson Field House
5	9.73	Alana Battiston	McGill	Jan-14-2012	Centre Sportif
6	9.77	Catherine Gauthier	Sherbrooke	Jan-14-2012	Centre Sportif
7	9.92	Eloise Rheault	Sherbrooke	Jan-21-2012	PEPS
8	10.20	Emmanuelle Chazal	Laval	Jan-14-2012	Centre Sportif
9	10.25	Sonia Chartrand	Sherbrooke	Jan-14-2012	Centre Sportif
10	10.51	Marie-Hélène Lavallé-Bourget	Laval	Jan-27-2012	Tomlinson Field House
11	11.54	Annaelle Kaczmarek	Sherbrooke	Jan-27-2012	Tomlinson Field House

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12	12.31	Danielle Tohill	McGill	Jan-27-2012	Tomlinson Field House
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## **Best QSSF Women's 4x200m Relay Rankings as of Feb-03-2012 17:01:43** (Standard: 1:42.51)

Rank	Result	Athlete	Team	Date	Venue
1	1:44.40	Sherbrooke Vert Or	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	1:46.46	McGill University	McGill	Jan-27-2012	Tomlinson Field House
3	1:51.00	Rouge et Or Université Laval	Laval	Jan-27-2012	Tomlinson Field House

## **Best QSSF Women's 4x400m Relay Rankings as of Feb-03-2012 17:01:43** (Standard: 3:53.41)

Rank	Result	Athlete	Team	Date	Venue
1	3:58.83	Sherbrooke Vert Or	Sherbrooke	Jan-27-2012	Tomlinson Field House
2	4:12.11	Rouge et Or Université Laval	Laval	Jan-27-2012	Tomlinson Field House

## **Best QSSF Women's 4x800m Relay Rankings as of Feb-03-2012 17:01:43** (Standard: 9:06.96)

Rank	Result	Athlete	Team	Date	Venue
1	9:44.04	Sherbrooke Vert Or	Sherbrooke	Jan-21-2012	PEPS
2	11:36.12	Rouge et Or Université Laval	Laval	Jan-21-2012	PEPS

## **Best QSSF Women's High Jump Rankings as of Feb-03-2012 17:01:43** (Standard: 1.71)

Rank	Result	Athlete	Team	Date	Venue
1	1.66	Katerine Dugas	Montreal	Jan-14-2012	Centre Sportif
2	1.63	Pascale Delisle	Sherbrooke	Jan-14-2012	Centre Sportif
3	1.60	Audrey Morin-Lemay	Sherbrooke	Jan-14-2012	Centre Sportif
4	1.55	Alana Battiston	McGill	Dec-10-2011	Tomlinson Fieldhouse
5	1.54	Emmanuelle Chazal	Laval	Jan-14-2012	Centre Sportif
6	1.50	Isabel Pett	McGill	Jan-14-2012	Centre Sportif
7	1.50	Jessie Thibault	Laval	Jan-21-2012	PEPS
8	1.48	Sonia Chartrand	Sherbrooke	Jan-14-2012	Centre Sportif
9	1.48	Annaelle Kaczmarek	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	1.45	Stéphanie Desharnais-Dion	Laval	Dec-10-2011	Tomlinson Fieldhouse
11	1.45	Anna Zisa	McGill	Nov-26-2011	Tomlinson Field House
12	1.42	Marie-Hélène Lavallé-Bourget	Laval	Jan-14-2012	Centre Sportif
13	1.25	Isabelle St. Jean	McGill	Jan-27-2012	Tomlinson Field House

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## Best QSSF Women's Pole Vault Rankings as of Feb-03-2012 17:01:43 (Standard: 3.75)

Rank	Result	Athlete	Team	Date	Venue
1	3.81 *	Mélanie Blouin	Laval	Dec-17-2011	Louis Riel Dome
2	3.55	Noémie Forget	UQAM	Jan-27-2012	Tomlinson Field House
3	2.90	Nicole Rollins	McGill	Jan-21-2012	PEPS
4	2.85	Sarah Solnit	McGill	Nov-26-2011	Tomlinson Field House
5	2.70	Emmanuelle Chazal	Laval	Jan-21-2012	PEPS
6	2.50	Raphaëlle Roulin	Laval	Jan-21-2012	PEPS
7	2.30	Marie-Hélène Lavallé-Bourget	Laval	Jan-21-2012	PEPS
8	2.05	Josephine Tan	McGill	Dec-10-2011	Tomlinson Fieldhouse
9	2.00	Pascale Delisle	Sherbrooke	Jan-27-2012	Tomlinson Field House
10	1.80	Sonia Chartrand	Sherbrooke	Jan-27-2012	Tomlinson Field House

## Best QSSF Women's Long Jump Rankings as of Feb-03-2012 17:01:43 (Standard: 5.70)

Rank	Result	Athlete	Team	Date	Venue
1	6.01 *	Laurence Beaudet	Montreal	Jan-27-2012	Tomlinson Field House
2	5.54	Pascale Delisle	Sherbrooke	Jan-21-2012	Thompson Recreation and Athletic Centre
3	5.41	Justine Bernier	Sherbrooke	Jan-27-2012	Tomlinson Field House
4	5.37	Eloise Rheault	Sherbrooke	Jan-21-2012	PEPS
5	5.26	Mélanie Blouin	Laval	Dec-10-2011	Tomlinson Fieldhouse
6	5.14	Katerine Dugas	Montreal	Jan-14-2012	Centre Sportif
7	5.10	Laurie Daudelin-Gauthier	Sherbrooke	Jan-14-2012	Centre Sportif
8	5.04	Majenta Whyte Potter-Mal	McGill	Jan-14-2012	Centre Sportif
9	5.00	Stéphanie Desharnais-Dion	Laval	Dec-10-2011	Tomlinson Fieldhouse
10	4.90	Annaelle Kaczmarek	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	4.84	Emmanuelle Chazal	Laval	Jan-27-2012	Tomlinson Field House
12	4.82	Frédérique Djoussou-Lorng	Sherbrooke	Jan-14-2012	Centre Sportif
13	4.80	Sonia Chartrand	Sherbrooke	Jan-14-2012	Centre Sportif
14	4.77	Sophia Abassi	Sherbrooke	Jan-27-2012	Tomlinson Field House
15	4.65	Marie-Hélène Lavallé-Bourget	Laval	Jan-27-2012	Tomlinson Field House

## Best QSSF Women's Triple Jump Rankings as of Feb-03-2012 17:01:43 (Standard: 12.24)

Rank	Result	Athlete	Team	Date	Venue
1	11.32	Audrey Morin-Lemay	Sherbrooke	Jan-14-2012	Centre Sportif
2	11.19	Josée-Anne Sarrazin-Coté	Sherbrooke	Jan-14-2012	Centre Sportif
3	11.01	Pascale Delisle	Sherbrooke	Jan-14-2012	Centre Sportif
4	10.73	Stéphanie Desharnais-Dion	Laval	Jan-27-2012	Tomlinson Field House
5	10.72	Sophia Abassi	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	10.08	Justine Bernier	Sherbrooke	Jan-27-2012	Tomlinson Field House
7	9.56	Milène Lokrou	Laval	Jan-21-2012	PEPS

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## Best QSSF Women's Shot Put Rankings as of Feb-03-2012 17:01:43 (Standard: 13.27)

Rank	Result	Athlete	Team	Date	Venue
1	12.50	Myriam Dumont-Breton	Sherbrooke	Jan-21-2012	PEPS
2	11.76	Lucie-Maude Tétreault	Montreal	Jan-27-2012	Tomlinson Field House
3	10.63	Sonia Chartrand	Sherbrooke	Jan-06-2012	Leverone Fieldhouse
4	10.58	Pascale Delisle	Sherbrooke	Jan-14-2012	Centre Sportif
5	9.49	Rose Allard-Dumas	Laval	Jan-21-2012	PEPS
6	9.40	Emmanuelle Chazal	Laval	Jan-14-2012	Centre Sportif
7	9.32	Katerine Dugas	Montreal	Jan-14-2012	Centre Sportif
8	9.31	Anne-Marie Therien	Sherbrooke	Jan-21-2012	PEPS
9	8.23	Claude Leclerc-Jacques	Laval	Jan-21-2012	PEPS
10	7.85	Marie-Andrée Murphy-Desjardins	Sherbrooke	Jan-27-2012	Tomlinson Field House
11	7.14	Cynthia-Jade Renaud	Sherbrooke	Jan-27-2012	Tomlinson Field House
12	7.11	Marie-Hélène Lavallé-Bourget	Laval	Jan-27-2012	Tomlinson Field House
13	7.04	Séguin Nathalie	Laval	Jan-21-2012	PEPS
14	7.02	Annaelle Kaczmarek	Sherbrooke	Jan-27-2012	Tomlinson Field House
15	6.97	Anabelle Williams	McGill	Jan-21-2012	PEPS

## Best QSSF Women's 20lb Weight Throw Rankings as of Feb-03-2012 17:01:43 (Standard: 16.47)

Rank	Result	Athlete	Team	Date	Venue
1	13.52	Myriam Dumont-Breton	Sherbrooke	Jan-21-2012	PEPS
2	11.28	Rose Allard-Dumas	Laval	Jan-14-2012	Centre Sportif
3	10.17	Nathalie Séguin	Laval	Jan-27-2012	Tomlinson Field House
4	9.61	Cynthia-Jade Renaud	Sherbrooke	Jan-27-2012	Tomlinson Field House
5	9.25	Claude Leclerc-Jacques	Laval	Jan-27-2012	Tomlinson Field House
6	9.01	Séguin Nathalie	Laval	Jan-21-2012	PEPS

## Best QSSF Women's Pentathlon Rankings as of Feb-03-2012 17:01:43 (Standard: 3598)

Rank	Result	Athlete	Team	Date	Venue
1	3560.00	Pascale Delisle	Sherbrooke	Jan-14-2012	Centre Sportif
2	3103.00	Katerine Dugas	Montreal	Jan-14-2012	Centre Sportif
3	2793.00	Emmanuelle Chazal	Laval	Jan-27-2012	Tomlinson Field House
4	2686.00	Sonia Chartrand	Sherbrooke	Jan-14-2012	Centre Sportif
5	2506.00	Annaelle Kaczmarek	Sherbrooke	Jan-27-2012	Tomlinson Field House
6	2440.00	Marie-Hélène Lavallé-Bourget	Laval	Jan-27-2012	Tomlinson Field House
7	1517.00	Raphaëlle Roulin	Laval	Jan-14-2012	Centre Sportif

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