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Note: \* indicates CIS Standard and (HT) indicates a Hand Time

## Women's 60m Rankings as of Mar-13-2010 21:01:20 (Standard: 7.61)

Rank	Result	Athlete	Team	Date	Venue
1	7.35 *	Geneviève Thibault	Laval	Feb-19-2010	Tomlinson Fieldhouse
2	7.50 *	Sarah Peirce	Guelph	Feb-26-2010	Toronto Track and Field Centre
3	7.55 *	Noelle Montcalm	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	7.59 *	Amonn Nelson	Calgary	Feb-26-2010	U of A Butterdome
5	7.60 *	Amanda Ruller	Regina	Feb-26-2010	U of A Butterdome
6	7.61 *	Billie White-Gibson	Windsor	Feb-26-2010	Toronto Track and Field Centre
7	7.61 *	Caley Miskimmin	Manitoba	Feb-06-2010	Max Bell Field House
8	7.66	Nicole Sassine	Windsor	Feb-13-2010	St. Denis Athletic Centre
9	7.68	Susan Sobey	Dalhousie	Feb-06-2010	Toronto Track and Field Centre
10	7.69	Lisa Wong	Manitoba	Jan-23-2010	Bierman Field House
11	7.72	Danielle Harrison	Windsor	Dec-04-2009	St. Denis Athletic Centre
12	7.75	Thandiwe Vela	Toronto	Feb-26-2010	Toronto Track and Field Centre
13	7.76	Jenn Zimmer	Calgary	Dec-05-2009	Jack Simpson Track
14	7.78	Veronica Catry	Queen's	Feb-26-2010	Toronto Track and Field Centre
15	7.79	Chelsea Valois	Regina	Jan-09-2010	Saskatoon Field House

## Women's 300m Rankings as of Mar-13-2010 21:01:20 (Standard: 39.93)

Rank	Result	Athlete	Team	Date	Venue
1	0:37.93 *	Amonn Nelson	Calgary	Feb-06-2010	Max Bell Field House
2	0:38.99 * (38.85 330m)	Noelle Montcalm	Windsor	Feb-05-2010	Loftus Centre
3	0:39.32 *	Alicia Brown	Toronto	Feb-26-2010	Toronto Track and Field Centre
4	0:39.50 *	Sharai Siemens	Saskatchewan	Feb-26-2010	U of A Butterdome
5	0:40.03 (39.89 330m)	Sarah Wells	Toronto	Feb-05-2010	Loftus Centre
6	0:40.10	Laurélie Harvey	Laval	Feb-27-2010	Tomlinson Fieldhouse
7	0:40.24	Nicole Sassine	Windsor	Feb-26-2010	Toronto Track and Field Centre
8	0:40.25	Nana Momoh	Sherbrooke	Feb-19-2010	Tomlinson Fieldhouse
9	0:40.28	Brenna Thomson	Western	Feb-26-2010	Toronto Track and Field Centre
10	0:40.33	Danielle Kendall	Calgary	Feb-26-2010	U of A Butterdome
11	0:40.41 (40.18 400m)	Athena McBean	Toronto	Feb-13-2010	Louis Riel Dome
12	0:40.42 (40.28 330m)	Jen Cotten	Western	Feb-05-2010	Loftus Centre
13	0:40.42	Kelsey Lotwin	Calgary	Feb-06-2010	Max Bell Field House
14	0:40.45	Christiane Lela	Ottawa	Feb-19-2010	Tomlinson Fieldhouse
15	0:40.64	Jenn Zimmer	Calgary	Jan-09-2010	Jack Simpson Track

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## Women's 600m Rankings as of Mar-13-2010 21:01:20 (Standard: 1:33.45)

Rank	Result	Athlete	Team	Date	Venue
1	1:30.79 *	Melissa Bishop	Windsor	Feb-26-2010	Toronto Track and Field Centre
2	1:32.14 * (1:32.23 167m)	Celia Peters	Dalhousie	Feb-27-2010	CEPS
3	1:32.74 * (1:32.47 307m)	Julene Friesen	Saskatchewan	Feb-14-2010	Dempsey Field House
4	1:32.83 *	Sarah Wells	Toronto	Feb-26-2010	Toronto Track and Field Centre
5	1:33.31 *	Raeleen Hunter	Windsor	Feb-26-2010	Toronto Track and Field Centre
6	1:33.49	Nana Momoh	Sherbrooke	Feb-19-2010	Tomlinson Fieldhouse
7	1:33.51	Kailey Smith	Saskatchewan	Feb-06-2010	Max Bell Field House
8	1:33.85	Jen Perrault	Western	Feb-26-2010	Toronto Track and Field Centre
9	1:34.01	Jen Cotten	Western	Feb-13-2010	St. Denis Athletic Centre
10	1:34.29	Sharai Siemens	Saskatchewan	Feb-26-2010	U of A Butterdome
11	1:34.32	Rachel Aubry	Guelph	Jan-29-2010	Tomlinson Field House
12	1:34.81	Ashley Ryer	St. Mary's	Jan-29-2010	Tomlinson Field House
13	1:34.99	Shauna Malek	Guelph	Feb-26-2010	Toronto Track and Field Centre
14	1:35.14 (1:34.88 300m)	Andrina Slegers	Windsor	Jan-22-2010	Grand Valley State University
15	1:35.16	Jen Ricks	Western	Feb-13-2010	St. Denis Athletic Centre

## Women's 1000m Rankings as of Mar-13-2010 21:01:20 (Standard: 2:51.08)

Rank	Result	Athlete	Team	Date	Venue
1	2:46.61 *	Megan Brown	Toronto	Feb-26-2010	Toronto Track and Field Centre
2	2:47.04 *	Melissa Bishop	Windsor	Feb-26-2010	Toronto Track and Field Centre
3	2:48.50 *	Raeleen Hunter	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	2:50.20 * (2:49.73 307m)	Kailey Smith	Saskatchewan	Feb-14-2010	Dempsey Field House
5	2:51.07 * (2:50.19 400m)	Julia Malleck	Ottawa	Feb-13-2010	Louis Riel Dome
6	2:51.13 (2:50.86 260m)	Ashley Ryer	St. Mary's	Feb-20-2010	Dalplex
7	2:51.50	Nadine Frost	Guelph	Jan-29-2010	Tomlinson Field House
8	2:52.44	Melanie Hughes	Sherbrooke	Feb-12-2010	B U TrackCenter
9	2:52.85 (2:52.32 330m)	Jess Vanhie	Guelph	Feb-05-2010	Loftus Centre
10	2:52.87	Lydia Frost	Guelph	Jan-29-2010	Tomlinson Field House
11	2:53.14	Alicia Kallos	Queen's	Feb-26-2010	Toronto Track and Field Centre
12	2:53.33 (2:52.80 330m)	Jillian Wyman	McMaster	Feb-05-2010	Loftus Centre
13	2:53.96	Celia Peters	Dalhousie	Jan-29-2010	Tomlinson Field House
14	2:54.63	Emma Tallman	Laurentian	Feb-26-2010	Toronto Track and Field Centre
15	2:55.54 (2:55.27 260m)	Caroline Schlosser	Dalhousie	Feb-20-2010	Dalplex

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## Women's 1500m Rankings as of Mar-13-2010 21:01:20 (Standard: 4:32.61)

Rank	Result	Athlete	Team	Date	Venue
1	4:25.55 * (4:24.20 400m)	Megan Brown	Toronto	Feb-13-2010	Louis Riel Dome
2	4:26.30 *	Rachel Cliff	Guelph	Jan-09-2010	UofT Athletic Centre
3	4:30.5 * (HT) (4:30.1 260m)	Ashley Ryer	St. Mary's	Feb-06-2010	Dalplex
4	4:31.09 * (4:29.74 400m)	Julia Malleck	Ottawa	Jan-16-2010	Louis Riel Dome
5	4:31.3 * (HT) (4:30.9 260m)	Caroline Schlosser	Dalhousie	Feb-06-2010	Dalplex
6	4:32.73	Jess Vanhie	Guelph	Feb-26-2010	Toronto Track and Field Centre
7	4:33.0 (HT) (4:32.6 260m)	Kelly MacDonald	St. FX	Feb-06-2010	Dalplex
8	4:34.05	Melanie Hughes	Sherbrooke	Jan-29-2010	Tomlinson Field House
9	4:34.38	Katie Anderson	McMaster	Feb-19-2010	Uof T Athletic Centre
10	4:34.84	Claire Jean	Victoria	Feb-06-2010	Max Bell Field House
11	4:35.26	Jodi Souter	Saskatchewan	Feb-06-2010	Max Bell Field House
12	4:35.9 (HT) (4:35.5 260m)	Monika Preibischova	St. FX	Feb-06-2010	Dalplex
13	4:36.25	Nadine Frost	Guelph	Jan-09-2010	UofT Athletic Centre
14	4:36.48	Jillian Wyman	McMaster	Jan-09-2010	UofT Athletic Centre
15	4:37.00	Sara Giovannetti	McMaster	Jan-29-2010	Tomlinson Field House

## Women's 3000m Rankings as of Mar-13-2010 21:01:20 (Standard: 9:43.88)

Rank	Result	Athlete	Team	Date	Venue
1	9:19.67 *	Megan Brown	Toronto	Feb-19-2010	Uof T Athletic Centre
2	9:22.47 * (9:20.82 330m)	Rachel Cliff	Guelph	Feb-05-2010	Loftus Centre
3	9:33.45 *	Genevieve Lalonde	Guelph	Feb-26-2010	Toronto Track and Field Centre
4	9:42.85 * (9:41.38 307m)	Julia Tschanz	Victoria	Jan-16-2010	Dempsey Field House
5	9:45.59	Monika Preibischova	St. FX	Feb-12-2010	B U TrackCenter
6	9:45.69 (9:44.22 307m)	Claire Jean	Victoria	Jan-29-2010	Dempsey Field House
7	9:47.51 (9:46.14 300m)	Katrina Bruckschwaiger	Manitoba	Feb-12-2010	Lied Recreation Centre
8	9:52.91 (9:51.44 307m)	Jodi Souter	Saskatchewan	Feb-13-2010	Dempsey Field House
9	9:54.58 (9:52.93 330m)	Courtney Laurie	Guelph	Feb-05-2010	Loftus Centre
10	9:56.59	Debby Querengesser	Calgary	Feb-06-2010	Max Bell Field House
11	9:57.22	Erin McClure	Toronto	Dec-05-2009	Barton Hall
12	9:57.31 (9:55.66 330m)	Sara Giovannetti	McMaster	Feb-05-2010	Loftus Centre
13	9:57.69	Melanie Myrand	McGill	Feb-05-2010	The Armory Track Field Center
14	9:58.08	Samantha Beattie	Guelph	Feb-19-2010	Uof T Athletic Centre
15	9:58.43	Caroline Schlosser	Dalhousie	Jan-29-2010	Tomlinson Field House

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## Women's 60mH Rankings as of Mar-13-2010 21:01:20 (Standard: 8.84)

Rank	Result	Athlete	Team	Date	Venue
1	8.40 *	Noelle Montcalm	Windsor	Feb-26-2010	Toronto Track and Field Centre
2	8.55 *	Jen Cotten	Western	Feb-26-2010	Toronto Track and Field Centre
3	8.72 *	Charelle Anobile	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	8.73 *	Kathryn McCaffrey	Alberta	Feb-26-2010	U of A Butterdome
5	8.78 *	Hayley Warren	McGill	Feb-27-2010	Tomlinson Fieldhouse
6	8.82 *	Amanda Herron	Saskatchewan	Feb-26-2010	U of A Butterdome
7	8.85	Courtney Wilkes	Alberta	Feb-26-2010	U of A Butterdome
8	8.86	Tori Merrill	Toronto	Feb-26-2010	Toronto Track and Field Centre
9	8.88	Nicole Breker	Regina	Feb-12-2010	Regina Field House
10	8.93	Amilia Di Chiara	Windsor	Feb-26-2010	Toronto Track and Field Centre
11	8.93	Chelsea Valois	Regina	Dec-05-2009	Regina Field House
12	8.96	Jolean Somogyi	Saskatchewan	Dec-05-2009	Saskatoon Field House
13	8.96	Emily Coxhead	Western	Feb-26-2010	Toronto Track and Field Centre
14	8.97	Tamara Cap	Montreal	Feb-27-2010	Tomlinson Fieldhouse
15	8.98	Melissa Breland	Calgary	Feb-12-2010	Regina Field House

## Women's 4x200m Relay Rankings as of Mar-13-2010 21:01:20 (Standard: 1:41.86)

Rank	Result	Athlete	Team	Date	Venue
1	1:40.00 *	Windsor Lancers	Windsor	Feb-13-2010	St. Denis Athletic Centre
2	1:40.59 *	Calgary Dinos	Calgary	Feb-06-2010	Max Bell Field House
3	1:42.02	Alberta Pandas	Alberta	Feb-06-2010	Max Bell Field House
4	1:42.12	Western Mustangs	Western	Jan-29-2010	Tomlinson Field House
5	1:42.55	Toronto Varsity Blues	Toronto	Feb-26-2010	Toronto Track and Field Centre
6	1:42.70	Manitoba Bisons	Manitoba	Feb-06-2010	Max Bell Field House
7	1:42.76	University of Saskatchewan Huskies	Saskatchewan	Jan-29-2010	Saskatoon Field House
8	1:43.14	Queen's Gaels	Queen's	Feb-26-2010	Toronto Track and Field Centre
9	1:43.40	McGill University	McGill	Feb-27-2010	Tomlinson Fieldhouse
10	1:44.47	York Lions	York	Feb-26-2010	Toronto Track and Field Centre
11	1:45.32	Sherbrooke Vert Or	Sherbrooke	Feb-27-2010	Tomlinson Fieldhouse
12	1:45.46	University of Regina	Regina	Feb-12-2010	Regina Field House
13	1:46.11	Guelph Gryphons	Guelph	Feb-26-2010	Toronto Track and Field Centre
14	1:46.64	McMaster Marauders	McMaster	Feb-26-2010	Toronto Track and Field Centre
15	1:46.89	Ottawa Gee Gees	Ottawa	Jan-29-2010	Tomlinson Field House

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## Women's 4x400m Relay Rankings as of Mar-13-2010 21:01:20 (Standard: 3:52.68)

Rank	Result	Athlete	Team	Date	Venue
1	3:46.95 * (3:46.17 330m)	Toronto Varsity Blues	Toronto	Feb-05-2010	Loftus Centre
2	3:49.29 * (3:48.51 330m)	Western Mustangs	Western	Feb-05-2010	Loftus Centre
3	3:49.92 *	Calgary Dinos	Calgary	Feb-26-2010	U of A Butterdome
4	3:50.92 *	Windsor Lancers	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	3:51.39 *	University of Saskatchewan Huskies	Saskatchewan	Feb-26-2010	U of A Butterdome
6	3:51.59 *	Queen's Gaels	Queen's	Feb-26-2010	Toronto Track and Field Centre
7	3:53.71 (3:53.06 300m)	Manitoba Bisons	Manitoba	Feb-12-2010	Lied Recreation Centre
8	3:54.62 (3:53.84 330m)	Guelph Gryphons	Guelph	Feb-05-2010	Loftus Centre
9	3:56.32	McGill University	McGill	Feb-27-2010	Tomlinson Fieldhouse
10	3:58.33	Sherbrooke Vert Or	Sherbrooke	Feb-12-2010	B U TrackCenter
11	4:03.66	McMaster Marauders	McMaster	Feb-13-2010	St. Denis Athletic Centre
12	4:04.44	Alberta Pandas	Alberta	Feb-26-2010	U of A Butterdome
13	4:07.62	York Lions	York	Feb-26-2010	Toronto Track and Field Centre
14	4:09.07 (4:09.29 167m)	StFX University	St. FX	Feb-27-2010	CEPS
15	4:11.02	Ottawa Gee Gees	Ottawa	Jan-29-2010	Tomlinson Field House

## Women's 4x800m Relay Rankings as of Mar-13-2010 21:01:20 (Standard: 9:06.92)

Rank	Result	Athlete	Team	Date	Venue
1	9:02.64 *	Windsor Lancers	Windsor	Feb-26-2010	Toronto Track and Field Centre
2	9:04.42 *	Guelph Gryphons	Guelph	Jan-15-2010	St. Denis Athletic Centre
3	9:07.40	McGill University	McGill	Feb-05-2010	The Armory Track Field Center
4	9:12.18	University of Saskatchewan Huskies	Saskatchewan	Feb-06-2010	Max Bell Field House
5	9:13.98	McMaster Marauders	McMaster	Feb-26-2010	Toronto Track and Field Centre
6	9:16.57	Kendra Pomfret	Victoria	Feb-06-2010	Max Bell Field House
7	9:16.67	Alberta Pandas	Alberta	Feb-26-2010	U of A Butterdome
8	9:20.04	Manitoba Bisons	Manitoba	Feb-26-2010	U of A Butterdome
9	9:20.25	Queen's Gaels	Queen's	Feb-26-2010	Toronto Track and Field Centre
10	9:22.48	Calgary Dinos	Calgary	Feb-06-2010	Max Bell Field House
11	9:22.55	Western Mustangs	Western	Feb-26-2010	Toronto Track and Field Centre
12	9:24.04	Sherbrooke Vert Or	Sherbrooke	Jan-29-2010	Tomlinson Field House
13	9:25.99	Toronto Varsity Blues	Toronto	Feb-26-2010	Toronto Track and Field Centre
14	9:37.02 (9:37.49 167m)	StFX University	St. FX	Feb-27-2010	CEPS
15	9:58.84 (9:56.05 400m)	Ottawa Gee Gees	Ottawa	Nov-21-2009	Louis Riel Dome

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## Women's High Jump Rankings as of Mar-13-2010 21:01:20 (Standard: 1.69)

Rank	Result	Athlete	Team	Date	Venue
1	1.75 *	Sarah Boyle	Toronto	Feb-05-2010	Loftus Centre
2	1.75 *	Lindsey Bergevin	Alberta	Feb-26-2010	U of A Butterdome
3	1.71 *	Laura Maessen	Toronto	Feb-12-2010	Barton Hall
4	1.69 *	Shaneista Haye	Guelph	Jan-15-2010	St. Denis Athletic Centre
5	1.68	Aly McPhee	McGill	Feb-27-2010	Tomlinson Fieldhouse
6	1.68	Katerine Dugas	Montreal	Feb-12-2010	B U TrackCenter
7	1.66	Shalane Haselhan	Regina	Nov-21-2009	Regina Field House
8	1.65	Tamara Cap	Montreal	Feb-27-2010	Tomlinson Fieldhouse
9	1.65	Kelly Morrison	Windsor	Feb-26-2010	Toronto Track and Field Centre
10	1.65	Jen Cotten	Western	Feb-26-2010	Toronto Track and Field Centre
11	1.64	Amanda Schneck	Alberta	Feb-12-2010	Regina Field House
12	1.64	Julia Wallace	Guelph	Feb-06-2010	Toronto Track and Field Centre
13	1.63	Mackenzie Baert	Alberta	Jan-29-2010	Saskatoon Field House
14	1.63	Lindsey MacDonald	Alberta	Feb-26-2010	U of A Butterdome
15	1.63	Teresa Logozar	Manitoba	Feb-26-2010	U of A Butterdome

## Women's Pole Vault Rankings as of Mar-13-2010 21:01:20 (Standard: 3.62)

Rank	Result	Athlete	Team	Date	Venue
1	4.25 *	Heather Hamilton	York	Jan-29-2010	Livestock Arena
2	3.93 *	Leah Vause	Saskatchewan	Feb-26-2010	U of A Butterdome
3	3.86 *	Erika Reiser	Windsor	Feb-26-2010	Toronto Track and Field Centre
4	3.70 *	Teresa Logozar	Manitoba	Dec-11-2009	Max Bell Field House
5	3.68 *	Carmen Siu	Western	Feb-26-2010	Toronto Track and Field Centre
6	3.62 *	Erica Rutley	Alberta	Jan-29-2010	Saskatoon Field House
7	3.62 *	Alex Allen	Manitoba	Feb-12-2010	Regina Field House
8	3.62 *	Erika Fiedler	Guelph	Feb-26-2010	Toronto Track and Field Centre
9	3.62 *	Meghan Richey	Saskatchewan	Jan-29-2010	Saskatoon Field House
10	3.56	Jenn Tomayer	Windsor	Feb-26-2010	Toronto Track and Field Centre
11	3.52	Robyn Webster	Calgary	Feb-12-2010	Regina Field House
12	3.50	Laura Barclay	Western	Feb-26-2010	Toronto Track and Field Centre
13	3.47	Emma Crombeen	York	Feb-14-2010	St. Denis Athletic Centre
14	3.47	Lindsey Bergevin	Alberta	Feb-26-2010	U of A Butterdome
15	3.47	Stephanie Vause	Saskatchewan	Jan-29-2010	Saskatoon Field House

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## Women's Long Jump Rankings as of Mar-13-2010 21:01:20 (Standard: 5.65)

Rank	Result	Athlete	Team	Date	Venue
1	6.09 *	Jen Cotten	Western	Jan-23-2010	Thompson Recreation and Athletic Centre
2	5.75 *	Nicole Breker	Regina	Feb-26-2010	U of A Butterdome
3	5.74 *	Dana Baker	Manitoba	Feb-26-2010	U of A Butterdome
4	5.69 *	Esther Renaud	Sherbrooke	Feb-27-2010	Tomlinson Fieldhouse
5	5.67 *	Pascale Delisle	Sherbrooke	Feb-27-2010	Tomlinson Fieldhouse
6	5.67 *	Tamara Cap	Montreal	Feb-27-2010	Tomlinson Fieldhouse
7	5.64	Natoya Whittingham	Windsor	Feb-26-2010	Toronto Track and Field Centre
8	5.59	Lacey VanDerMarel	Western	Feb-19-2010	Uof T Athletic Centre
9	5.58	Kathryn McCaffrey	Alberta	Jan-10-2010	U of A Butterdome
10	5.53	Tori Merrill	Toronto	Feb-12-2010	Barton Hall
11	5.49	Morgan Hall	Western	Feb-13-2010	St. Denis Athletic Centre
12	5.48	Alicia Smith	Western	Feb-13-2010	St. Denis Athletic Centre
13	5.47	Chelsea Valois	Regina	Nov-21-2009	Regina Field House
14	5.47	Alana Stewart	Toronto	Dec-05-2009	Barton Hall
15	5.45	Mila Simulik	Western	Jan-29-2010	Tomlinson Field House

## Women's Triple Jump Rankings as of Mar-13-2010 21:01:20 (Standard: 11.45)

Rank	Result	Athlete	Team	Date	Venue
1	12.36 *	Jaideene Lowe	Windsor	Feb-26-2010	Toronto Track and Field Centre
2	12.18 *	Mila Simulik	Western	Feb-26-2010	Toronto Track and Field Centre
3	12.17 *	Robyn Bauck	Regina	Feb-26-2010	U of A Butterdome
4	12.12 *	Alicia Smith	Western	Feb-13-2010	St. Denis Athletic Centre
5	11.88 *	Courtney Wilkes	Alberta	Feb-26-2010	U of A Butterdome
6	11.85 *	Nicole Breker	Regina	Feb-26-2010	U of A Butterdome
7	11.76 *	Josée-Anne Sarrazin-Coté	Sherbrooke	Feb-27-2010	Tomlinson Fieldhouse
8	11.49 *	Kim Richardson	Guelph	Feb-06-2010	Toronto Track and Field Centre
9	11.47 *	Audrey Morin-Lemay	Sherbrooke	Feb-27-2010	Tomlinson Fieldhouse
10	11.42	Sarah Sylvester	Western	Feb-26-2010	Toronto Track and Field Centre
11	11.41	Alison Jestadt	Regina	Feb-26-2010	U of A Butterdome
12	11.39	Keisha Sharp	Regina	Feb-26-2010	U of A Butterdome
13	11.31	Katie Kaiser	Western	Feb-13-2010	St. Denis Athletic Centre
14	11.24	Emma Dobson	Guelph	Jan-09-2010	UofT Athletic Centre
15	11.20	Julia Wallace	Guelph	Feb-06-2010	Toronto Track and Field Centre

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**Women's Shot Put Rankings as of Mar-13-2010 21:01:20** (Standard: 12.93)

Rank	Result	Athlete	Team	Date	Venue
1	14.68 *	Taryn Suttie	Saskatchewan	Dec-19-2009	Saskatoon Field House
2	14.60 *	Elizabeth Petrov	York	Feb-26-2010	Toronto Track and Field Centre
3	14.40 *	Cynthia Appiah	York	Feb-20-2010	Toronto Track and Field Centre
4	13.07 *	Steffi Stephenson	Windsor	Feb-26-2010	Toronto Track and Field Centre
5	12.84	Isabelle Boudreau	Sherbrooke	Feb-06-2010	Centre Claude Robillard
6	12.84	Kimberly Elliott	Saskatchewan	Feb-26-2010	U of A Butterdome
7	12.77	Celine Gibb	Windsor	Feb-20-2010	Michigan Track and Field Centre
8	12.74	Jaime Waine	Calgary	Feb-26-2010	U of A Butterdome
9	12.48	Caitlin Fowler	Regina	Dec-05-2009	Regina Field House
10	12.38	Kristin Obrochta	York	Jan-23-2010	Thompson Recreation and Athletic Centre
11	12.35	Breanna Rak	Saskatchewan	Jan-29-2010	Saskatoon Field House
12	12.35	Shealyn McLaughlin	Windsor	Feb-26-2010	Toronto Track and Field Centre
13	12.35	Myriam Dumont-Breton	Sherbrooke	Jan-29-2010	Tomlinson Field House
14	12.28	Meg Lowry	Guelph	Nov-20-2009	Gryphon Dome
15	12.07	Michelle Ocran	Manitoba	Jan-22-2010	Max Bell Field House

**Women's 20lb Weight Throw Rankings as of Mar-13-2010 21:01:20** (Standard: 17.05)

Rank	Result	Athlete	Team	Date	Venue
1	18.07 *	Kristin Obrochta	York	Feb-26-2010	Toronto Track and Field Centre
2	17.32 *	Taryn Suttie	Saskatchewan	Dec-19-2009	Saskatoon Field House
3	17.12 *	Annie Larose	Sherbrooke	Feb-27-2010	Tomlinson Fieldhouse
4	16.11	Cara Marcantonio	Western	Feb-26-2010	Toronto Track and Field Centre
5	15.77	Kristen Mackie	Saskatchewan	Feb-26-2010	U of A Butterdome
6	15.50	Steffi Stephenson	Windsor	Feb-13-2010	St. Denis Athletic Centre
7	15.42	Cynthia Appiah	York	Dec-05-2009	Toronto Track and Field Centre
8	15.10	Brit Herd	Guelph	Feb-12-2010	Gryphon Dome
9	15.10	Elizabeth MacDonald	Dalhousie	Feb-13-2010	CFB Gagetown Indoor Facility
10	14.68	Jenine McCutheon	Western	Feb-26-2010	Toronto Track and Field Centre
11	14.66	Elizabeth Petrov	York	Feb-06-2010	Toronto Track and Field Centre
12	14.56	Shealyn McLaughlin	Windsor	Feb-20-2010	Michigan Track and Field Centre
13	14.52	Chelcie Kucharchuk	Alberta	Feb-12-2010	Regina Field House
14	14.45	AbiOla Bello	Regina	Feb-12-2010	Regina Field House
15	14.43	Jaime Waine	Calgary	Feb-26-2010	U of A Butterdome

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## Women's Pentathlon Rankings as of Mar-13-2010 21:01:20 (Standard: 3414)

Rank	Result	Athlete	Team	Date	Venue
1	3966.00 *	Jen Cotten	Western	Jan-29-2010	Tomlinson Field House
2	3617.00 *	Pascale Delisle	Sherbrooke	Feb-27-2010	Tomlinson Fieldhouse
3	3557.00 *	Tamara Cap	Montreal	Feb-27-2010	Tomlinson Fieldhouse
4	3439.00 *	Amanda Schneck	Alberta	Feb-26-2010	U of A Butterdome
5	3398.00	Tori Merrill	Toronto	Jan-29-2010	Findlay Fieldhouse
6	3365.00	Alana Battiston	McGill	Feb-27-2010	Tomlinson Fieldhouse
7	3321.00	Chelsea Valois	Regina	Feb-12-2010	Regina Field House
8	3304.00	Danielle Villalta	York	Feb-26-2010	Toronto Track and Field Centre
9	3303.00	Veronika (Nika) Smits	Saskatchewan	Jan-15-2010	U of A Butterdome
10	3289.00	Hannah Bagnall	Windsor	Feb-26-2010	Toronto Track and Field Centre
11	3225.00	Aly McPhee	McGill	Feb-27-2010	Tomlinson Fieldhouse
12	3159.00	Meg Harris	Guelph	Feb-12-2010	Barton Hall
13	3133.00	Leanne Hildenbrandt	Alberta	Feb-26-2010	U of A Butterdome
14	3125.00	Lindsay Tasker	Saskatchewan	Feb-26-2010	U of A Butterdome
15	3113.00	Emma Dobson	Guelph	Jan-22-2010	UofT Athletic Centre

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