

# SPORTING CANADA

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## Rankings include NON CIS Equivalent Events

Note: \* indicates a Standard and (HT) indicates a Hand Time

### Best CANWEST Women's 60m Result for All Athletes as of 04-Feb-2012 00:11:40 (Standard: 7.61)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7.66		Leah Walkeden	Alberta	08-Jan-2012	Universiade Pavillion
2	7.73		Lacey Miller	Calgary	08-Jan-2012	Universiade Pavillion
3	7.76		Jenn Zimmer	Calgary	28-Jan-2012	Jack Simpson Track
4	7.77		Janelle Khan	Alberta	08-Jan-2012	Universiade Pavillion
5	7.82		Lisa Wong	Manitoba	15-Jan-2012	Bison Sports Arena
5	7.83		Sade Ogungbemi	Manitoba	20-Jan-2012	Bierman Field House
5	7.85		Katrin Ritchie	Saskatchewan	27-Jan-2012	Saskatoon Field House
5	7.85		Rachel Yee	Calgary	20-Jan-2012	Universiade Pavillion
9	7.89		Kelsey Lotwin	Calgary	07-Jan-2012	Jack Simpson Track
9	7.92		Melissa Lotholz	Alberta	08-Jan-2012	Universiade Pavillion
9	7.93		Debbie Trang	Alberta	20-Jan-2012	Universiade Pavillion
9	7.93		Merissa Margetts	Regina	03-Dec-2011	Regina Field House
13	7.98		Sharai Siemens	Saskatchewan	27-Jan-2012	Saskatoon Field House
14	7.99		Mariah Hensel	Calgary	03-Dec-2011	Jack Simpson Track
15	8.00		Rachael McIntosh	Calgary	03-Dec-2011	Jack Simpson Track
15	8.00		Jen Rintoul	Alberta	08-Jan-2012	Universiade Pavillion
15	8.02		Kirklin Maclise	Alberta	20-Jan-2012	Universiade Pavillion
18	8.06		Courtney Wilkes	Alberta	03-Dec-2011	Universiade Pavillion
19	8.08		Carrie Yuzik	Saskatchewan	20-Jan-2012	Universiade Pavillion
20	8.09		Melissa Breland	Calgary	20-Jan-2012	Universiade Pavillion
20	8.09		Mallory Waters	Manitoba	15-Jan-2012	Bison Sports Arena
20	8.13		Leah Harpelle	Manitoba	15-Jan-2012	Bison Sports Arena
20	8.17		Kathryn McCaffrey	Alberta	20-Jan-2012	Universiade Pavillion
20	8.17		Miranda Lajoie	Manitoba	20-Jan-2012	Bierman Field House
25	8.18		Kayla Nelson	Calgary	08-Jan-2012	Universiade Pavillion
26	8.19		Aisha Shokoya	Alberta	03-Dec-2011	Universiade Pavillion
26	8.19		Ashley Promhouse	Saskatchewan	27-Jan-2012	Saskatoon Field House
28	8.20		Allison Kendall	Calgary	28-Jan-2012	Jack Simpson Track
28	8.20		Kelsey Bohachewski	Regina	27-Jan-2012	Saskatoon Field House
28	8.21		Isabella Hernandez	Calgary	20-Jan-2012	Universiade Pavillion
31	8.22		Alicia Boxill	Manitoba	20-Jan-2012	Max Bell Field House
31	8.24		Teresa Hill	Saskatchewan	07-Jan-2012	Saskatoon Field House
31	8.25		Courtney Wiens	Saskatchewan	20-Jan-2012	Universiade Pavillion
31	8.25		Yasmin Callele	Saskatchewan	07-Jan-2012	Saskatoon Field House
31	8.25		Hilary Peterson	Saskatchewan	27-Jan-2012	Saskatoon Field House
36	8.26		Richina Foggo	Calgary	07-Jan-2012	Jack Simpson Track

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36	8.28		Daniella Clonfero	Alberta	20-Jan-2012	Universiade Pavillion
36	8.32		Danielle Gee	Saskatchewan	27-Jan-2012	Saskatoon Field House
36	8.37		Meaghan Rempel	Manitoba	03-Dec-2011	Max Bell Field House
36	8.38		Paige Ridout	Calgary	07-Jan-2012	Jack Simpson Track
41	8.39		Courtney Erickson	Saskatchewan	20-Jan-2012	Universiade Pavillion
42	8.43		Sarah Bawden	Alberta	03-Dec-2011	Universiade Pavillion
42	8.43		Chantell Betteridge	Regina	03-Dec-2011	Regina Field House
44	8.50		Alison Jestadt	Regina	03-Dec-2011	Regina Field House
45	8.53		Tomiko Morris	Alberta	03-Dec-2011	Universiade Pavillion
46	8.56		Hayley Degaust	Alberta	08-Jan-2012	Universiade Pavillion
47	8.61		Haley Ostberg	Manitoba	03-Dec-2011	Max Bell Field House
48	8.63		Jaclyn Fedorus	Alberta	03-Dec-2011	Universiade Pavillion
49	8.64		Jessica Triano	Calgary	20-Jan-2012	Universiade Pavillion
49	8.64		Leanne Hildenbrandt	Alberta	27-Jan-2012	Tomlinson Field House
51	8.67		Mackenzie Baert	Alberta	03-Dec-2011	Universiade Pavillion
52	8.76		Leanne Schellenberg	Saskatchewan	20-Jan-2012	Universiade Pavillion
53	9.11		Miranda Glenn	Trinity Western	20-Jan-2012	Universiade Pavillion

## **Best CANWEST Women's 300m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 39.75)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	40.04		Sharai Siemens	Saskatchewan	07-Jan-2012	Saskatoon Field House
2	40.09		Rachel Francois	Victoria	20-Jan-2012	Universiade Pavillion
3	40.20		Morgan Sawatzky	Saskatchewan	27-Jan-2012	Saskatoon Field House
4	40.28		Jenn Zimmer	Calgary	08-Jan-2012	Universiade Pavillion
5	40.33		Katrin Ritchie	Saskatchewan	20-Jan-2012	Universiade Pavillion
6	40.70		Kelsey Lotwin	Calgary	08-Jan-2012	Universiade Pavillion
7	40.79		Leah Walkeden	Alberta	27-Jan-2012	Tomlinson Field House
8	41.03		Danielle Kendall	Calgary	08-Jan-2012	Universiade Pavillion
9	41.16	26.09 (200m)	Lisa Wong	Manitoba	20-Jan-2012	Bierman Field House
10	41.34		Kirklin Maclise	Alberta	08-Jan-2012	Universiade Pavillion
11	41.38	26.23 (200m)	Lacey Miller	Calgary	03-Dec-2011	Jack Simpson Track
12	41.41		Kimberly-Ann Bordun	Manitoba	02-Dec-2011	Max Bell Field House
13	41.50		Mariah Hensel	Calgary	20-Jan-2012	Universiade Pavillion
14	41.52	26.32 (200m)	Mallory Waters	Manitoba	10-Dec-2011	Max Bell Field House
15	41.54		Merissa Margetts	Regina	07-Jan-2012	Saskatoon Field House
16	41.75		Leah Harpelle	Manitoba	02-Dec-2011	Max Bell Field House
17	41.76	26.47 (200m)	Sade Ogungbemi	Manitoba	20-Jan-2012	Bierman Field House
18	41.87		Kelsey Bohachewski	Regina	27-Jan-2012	Saskatoon Field House
19	41.99		Adrea Propp	Regina	07-Jan-2012	Saskatoon Field House
20	42.03		Jen Rintoul	Alberta	08-Jan-2012	Universiade Pavillion

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21	42.04		Daniella Clonfero	Alberta	20-Jan-2012	Universiade Pavillion
22	42.31		Amanda Banks	Saskatchewan	27-Jan-2012	Saskatoon Field House
23	42.33		Julene Friesen	Saskatchewan	27-Jan-2012	Saskatoon Field House
24	42.76	1:00.08 (400m)	Sarah Huebert	Manitoba	15-Jan-2012	Bison Sports Arena
25	43.29	27.44 (200m)	Alicia Boxill	Manitoba	20-Jan-2012	Max Bell Field House
26	43.34		Hayley Degaust	Alberta	20-Jan-2012	Universiade Pavillion
27	43.37	27.49 (200m)	Miranda Lajoie	Manitoba	20-Jan-2012	Bierman Field House
28	43.76		Leanne Schellenberg	Saskatchewan	27-Jan-2012	Saskatoon Field House
29	44.06		Danielle Gee	Saskatchewan	27-Jan-2012	Saskatoon Field House
30	44.06	27.93 (200m)	Meaghan Rempel	Manitoba	20-Jan-2012	Max Bell Field House
31	44.11	27.96 (200m)	Amber Wylie	Regina	03-Dec-2011	Regina Field House
32	44.12		Helen Hanbidge	Saskatchewan	27-Jan-2012	Saskatoon Field House
33	44.38		Chantal Auger	Manitoba	02-Dec-2011	Max Bell Field House
34	44.39	28.14 (200m)	Shalane Haselhan	Regina	03-Dec-2011	Regina Field House
35	44.46		Emily Brown	Lethbridge	20-Jan-2012	Universiade Pavillion
36	45.24		Jessica Triano	Calgary	20-Jan-2012	Universiade Pavillion
37	45.33		Megan Moorhouse	Manitoba	20-Jan-2012	Max Bell Field House
38	46.68		Shaina Humble	Alberta	08-Jan-2012	Universiade Pavillion
39	46.71	29.61 (200m)	Shelby Sander	Regina	03-Dec-2011	Regina Field House
40	46.86		Cassie Hamilton	Manitoba	02-Dec-2011	Max Bell Field House

## **Best CANWEST Women's 600m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 1:32.81)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:30.18 *	2:07.70 (800m)	Rachel Francois	Victoria	27-Jan-2012	Dempsey Field House
2	1:31.93 *		Nicole Soderberg	Alberta	27-Jan-2012	Tomlinson Field House
3	1:32.11 *	2:10.43 (800m)	Kendra Pomfret	Victoria	27-Jan-2012	Dempsey Field House
4	1:33.56		Sharai Siemens	Saskatchewan	20-Jan-2012	Universiade Pavillion
5	1:34.28		Electra Charles	Saskatchewan	20-Jan-2012	Universiade Pavillion
6	1:34.72		Julene Friesen	Saskatchewan	20-Jan-2012	Universiade Pavillion
7	1:35.47		Amanda Banks	Saskatchewan	20-Jan-2012	Universiade Pavillion
8	1:35.65		Michelle Lavoie	Manitoba	20-Jan-2012	Bierman Field House
9	1:35.85		Katrin Ritchie	Saskatchewan	27-Jan-2012	Saskatoon Field House
10	1:36.68		Sarah Huebert	Manitoba	20-Jan-2012	Bierman Field House
11	1:37.74		Adrea Propp	Regina	20-Jan-2012	Universiade Pavillion
12	1:38.63		Grace Annear	Victoria	20-Jan-2012	Universiade Pavillion
13	1:39.48		Helen Hanbidge	Saskatchewan	20-Jan-2012	Universiade Pavillion
14	1:39.88		Brittany Elliott	Saskatchewan	10-Dec-2011	Saskatoon Field House
15	1:41.06		Shannon McAvoy	Saskatchewan	20-Jan-2012	Universiade Pavillion
16	1:41.17	2:23.26 (800m)	Lacey deJong	Manitoba	15-Jan-2012	Bison Sports Arena
17	1:41.17		Maegan Ciesielski	Alberta	20-Jan-2012	Universiade Pavillion

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18	1:41.60		Mariska Booyens	Alberta	20-Jan-2012	Universiade Pavillion
19	1:42.71		Jenica Moore	Victoria	20-Jan-2012	Universiade Pavillion
20	1:43.05	2:25.93 (800m)	Megan Moorhouse	Manitoba	10-Dec-2011	Max Bell Field House
21	1:44.11		Halley Cote	Victoria	20-Jan-2012	Universiade Pavillion
22	1:44.12		Emily Brown	Lethbridge	20-Jan-2012	Universiade Pavillion
23	1:45.54		Kirstie Lithgow	Calgary	07-Jan-2012	Jack Simpson Track
24	1:48.66	2:33.87 (800m)	Emilie Ford	Manitoba	10-Dec-2011	Max Bell Field House
25	1:52.20		Cassie Hamilton	Manitoba	20-Jan-2012	Max Bell Field House
26	1:53.53		Sarah McMaster	Alberta	20-Jan-2012	Universiade Pavillion
27	1:53.59		Nikki Barlow	Calgary	07-Jan-2012	Jack Simpson Track
28	2:03.08		Anna McNeill	Calgary	07-Jan-2012	Jack Simpson Track

## **Best CANWEST Women's 1000m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 2:50.04)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2:53.93		Nicole Soderberg	Alberta	27-Jan-2012	Tomlinson Field House
2	2:55.58		Jodi Souter	Saskatchewan	20-Jan-2012	Universiade Pavillion
3	2:59.19		Marcia Richards	Saskatchewan	20-Jan-2012	Universiade Pavillion
4	2:59.43		Electra Charles	Saskatchewan	27-Jan-2012	Saskatoon Field House
5	3:00.20		Brittany Elliott	Saskatchewan	20-Jan-2012	Universiade Pavillion
6	3:00.95	2:17.37 (800m)	Michelle Lavoie	Manitoba	15-Jan-2012	Bison Sports Arena
7	3:01.95	2:18.13 (800m)	Jacky Phalen	Manitoba	15-Jan-2012	Bison Sports Arena
8	3:02.70		Maureen McCulligh	Victoria	20-Jan-2012	Universiade Pavillion
9	3:02.78		Gabrielle Edwards	Saskatchewan	27-Jan-2012	Saskatoon Field House
10	3:03.52		Rachael Edwards	Saskatchewan	20-Jan-2012	Universiade Pavillion
11	3:04.27		Karissa LePage	Regina	07-Jan-2012	Saskatoon Field House
12	3:04.37	2:19.97 (800m)	Alex Bell	Manitoba	20-Jan-2012	Bierman Field House
13	3:04.59	2:20.14 (800m)	Nicole Dubois	Manitoba	10-Dec-2011	Max Bell Field House
14	3:05.96		Shannon McAvoy	Saskatchewan	20-Jan-2012	Universiade Pavillion
15	3:06.93		Bridget Pyke	Calgary	20-Jan-2012	Universiade Pavillion
16	3:07.68		Kirstie Lithgow	Calgary	08-Jan-2012	Universiade Pavillion
17	3:10.42		Leia Fedyk	Saskatchewan	07-Jan-2012	Saskatoon Field House
18	3:10.93		Kaytlyn Criddle	Regina	27-Jan-2012	Saskatoon Field House
19	3:11.24		Kailey Kroeker	Manitoba	02-Dec-2011	Max Bell Field House
20	3:11.37		Alyssa Altomare	Calgary	28-Jan-2012	Jack Simpson Track
21	3:11.52		Page Beaton	Saskatchewan	07-Jan-2012	Saskatoon Field House
22	3:14.27		Kristjana Britton	Manitoba	02-Dec-2011	Max Bell Field House
23	3:14.80		Alice Sherwin	Manitoba	02-Dec-2011	Max Bell Field House
24	3:17.14		Maria Fox	Calgary	20-Jan-2012	Universiade Pavillion
25	3:19.20		Rebecca Gould	Calgary	28-Jan-2012	Jack Simpson Track
26	3:21.94		Richelle Ready	Manitoba	02-Dec-2011	Max Bell Field House

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27	3:22.18		Courtney Sjodin	Saskatchewan	07-Jan-2012	Saskatoon Field House
28	3:22.96	2:34.08 (800m)	Raven Stevens	Manitoba	10-Dec-2011	Max Bell Field House
29	3:23.15		Sarah McMaster	Alberta	20-Jan-2012	Universiade Pavillion
30	3:26.62		Katelyn Silversides	Regina	07-Jan-2012	Saskatoon Field House
31	3:28.08	2:37.97 (800m)	Jennifer Bell	Manitoba	20-Jan-2012	Max Bell Field House
32	3:31.44		Ronelle Calver	Saskatchewan	27-Jan-2012	Saskatoon Field House
33	3:37.05		Kayla George	Calgary	28-Jan-2012	Jack Simpson Track

## **Best CANWEST Women's 1500m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 4:31.23)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	4:37.62		Jodi Souter	Saskatchewan	27-Jan-2012	Saskatoon Field House
2	4:39.48		Azeline Martino	Calgary	20-Jan-2012	Universiade Pavillion
3	4:40.18		Alicia Roske	Victoria	20-Jan-2012	Universiade Pavillion
4	4:42.00	5:00.22 (Mile)	Brittany Therrien	Victoria	27-Jan-2012	Dempsey Field House
5	4:42.42		Marcia Richards	Saskatchewan	20-Jan-2012	Universiade Pavillion
6	4:44.84		Laura Mitic	Victoria	20-Jan-2012	Universiade Pavillion
7	4:47.91		Jacky Phalen	Manitoba	03-Dec-2011	Max Bell Field House
8	4:48.17		Faye Stenning	Calgary	20-Jan-2012	Universiade Pavillion
9	4:48.32		Grace Kary	Calgary	20-Jan-2012	Universiade Pavillion
10	4:48.67		Nicole Dubois	Manitoba	03-Dec-2011	Max Bell Field House
11	4:49.48		Gabrielle Edwards	Saskatchewan	27-Jan-2012	Saskatoon Field House
12	4:50.90		Karissa LePage	Regina	20-Jan-2012	Universiade Pavillion
13	4:51.15		Rachael Edwards	Saskatchewan	27-Jan-2012	Saskatoon Field House
14	4:52.14		Amy McLean	Alberta	03-Dec-2011	Universiade Pavillion
15	4:52.25		Shannon McAvoy	Saskatchewan	27-Jan-2012	Saskatoon Field House
16	4:52.37		Brittany Elliott	Saskatchewan	20-Jan-2012	Universiade Pavillion
17	4:52.54		Alana Soderberg	Alberta	03-Dec-2011	Universiade Pavillion
18	4:52.60		Bridget Pyke	Calgary	20-Jan-2012	Universiade Pavillion
19	4:53.64		Erin Humpherys	Alberta	03-Dec-2011	Universiade Pavillion
20	4:54.63		Alyssa Altomare	Calgary	20-Jan-2012	Universiade Pavillion
21	4:56.37		Maureen McCulligh	Victoria	20-Jan-2012	Universiade Pavillion
22	4:58.72		Avery Westberg	Regina	27-Jan-2012	Saskatoon Field House
23	5:00.98		Kaytlyn Criddle	Regina	27-Jan-2012	Saskatoon Field House
24	5:01.57		Nicole Soderberg	Alberta	20-Jan-2012	Universiade Pavillion
25	5:02.80		Kailey Kroeker	Manitoba	20-Jan-2012	Max Bell Field House
26	5:03.34		Alice Sherwin	Manitoba	03-Dec-2011	Max Bell Field House
27	5:04.42		Alex Bell	Manitoba	03-Dec-2011	Max Bell Field House
28	5:06.95		Page Beaton	Saskatchewan	27-Jan-2012	Saskatoon Field House
29	5:07.05		Courtney Sjodin	Saskatchewan	27-Jan-2012	Saskatoon Field House
30	5:07.24		Kristjana Britton	Manitoba	20-Jan-2012	Max Bell Field House

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31	5:08.06		Natalia Szynkarczuk	Alberta	20-Jan-2012	Universiade Pavillion
32	5:09.37		Karlyn Elford	Alberta	20-Jan-2012	Universiade Pavillion
33	5:13.00		Maria Fox	Calgary	20-Jan-2012	Universiade Pavillion
34	5:15.67		Katelyn Silversides	Regina	20-Jan-2012	Universiade Pavillion
35	5:17.95		Alixandra Knowles	Alberta	20-Jan-2012	Universiade Pavillion
36	5:25.96		Sarah McMaster	Alberta	03-Dec-2011	Universiade Pavillion
37	5:43.90		Alex Loeppky	Manitoba	20-Jan-2012	Max Bell Field House
38	5:47.03		Anna Peacocke	Alberta	20-Jan-2012	Universiade Pavillion

## **Best CANWEST Women's 3000m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 9:47.19)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9:49.05		Jodi Souter	Saskatchewan	03-Feb-2012	Max Bell Field House
2	10:02.35		Fiona Benson	Trinity Western	14-Jan-2012	Dempsey Field House
3	10:05.35		Azeline Martino	Calgary	20-Jan-2012	Universiade Pavillion
4	10:06.05		Grace Kary	Calgary	20-Jan-2012	Universiade Pavillion
5	10:11.89		Lacey deJong	Manitoba	20-Jan-2012	Bierman Field House
6	10:16.29		Alicia Roske	Victoria	20-Jan-2012	Universiade Pavillion
7	10:18.18		Alison Jackson	Trinity Western	14-Jan-2012	Dempsey Field House
8	10:22.15		Gabrielle Edwards	Saskatchewan	03-Feb-2012	Max Bell Field House
9	10:25.83		Faye Stenning	Calgary	20-Jan-2012	Universiade Pavillion
10	10:25.84		Bridget Pyke	Calgary	08-Jan-2012	Universiade Pavillion
11	10:31.26		Alana Soderberg	Alberta	08-Jan-2012	Universiade Pavillion
12	10:34.94		Erin Humpherys	Alberta	20-Jan-2012	Universiade Pavillion
13	10:35.60		Rachael Edwards	Saskatchewan	03-Feb-2012	Max Bell Field House
14	10:36.51		Amy McLean	Alberta	08-Jan-2012	Universiade Pavillion
15	10:43.90		Alice Sherwin	Manitoba	20-Jan-2012	Bierman Field House
16	10:45.95		Alyssa Altomare	Calgary	20-Jan-2012	Universiade Pavillion
17	10:47.00		Nicole Soderberg	Alberta	20-Jan-2012	Universiade Pavillion
18	10:51.10		Natalia Szynkarczuk	Alberta	20-Jan-2012	Universiade Pavillion
19	10:53.47		Courtney Sjodin	Saskatchewan	03-Feb-2012	Max Bell Field House
20	10:59.42		Avery Westberg	Regina	20-Jan-2012	Universiade Pavillion
21	11:09.48		Maria Fox	Calgary	08-Jan-2012	Universiade Pavillion
22	11:09.57		Alixandra Knowles	Alberta	20-Jan-2012	Universiade Pavillion
23	11:24.51		Karlyn Elford	Alberta	20-Jan-2012	Universiade Pavillion
24	11:34.15		Katelyn Silversides	Regina	20-Jan-2012	Universiade Pavillion
25	12:10.13		Helen Entz	Lethbridge	20-Jan-2012	Universiade Pavillion
26	12:18.64		Amanda Regnier	Saskatchewan	07-Jan-2012	Saskatoon Field House
27	12:52.88		Alex Loeppky	Manitoba	10-Dec-2011	Max Bell Field House
28	13:08.24		Anna Peacocke	Alberta	08-Jan-2012	Universiade Pavillion

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## **Best CANWEST Women's 60mH Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 8.76)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	8.70 *		Rachel Machin	Calgary	08-Jan-2012	Universiade Pavillion
2	8.80		Kathryn McCaffrey	Alberta	08-Jan-2012	Universiade Pavillion
3	8.81		Courtney Wilkes	Alberta	08-Jan-2012	Universiade Pavillion
4	8.89		Veronika (Nika) Smits	Saskatchewan	20-Jan-2012	Universiade Pavillion
5	8.90		Merissa Margetts	Regina	20-Jan-2012	Universiade Pavillion
6	8.92		Rachael McIntosh	Calgary	28-Jan-2012	Jack Simpson Track
7	8.99		Melissa Breland	Calgary	20-Jan-2012	Universiade Pavillion
8	9.18		Yasmin Callele	Saskatchewan	07-Jan-2012	Saskatoon Field House
8	9.19		Hazel Ross	Trinity Western	14-Jan-2012	Dempsey Field House
10	9.34		Mignon Le Roux	Saskatchewan	27-Jan-2012	Saskatoon Field House
11	9.47		Sarah Bauck	Regina	27-Jan-2012	Saskatoon Field House
12	9.50		Megan Rumpel	Regina	07-Jan-2012	Saskatoon Field House
13	9.52		Leanne Hildenbrandt	Alberta	20-Jan-2012	Universiade Pavillion
14	9.56		Adrea Propp	Regina	07-Jan-2012	Saskatoon Field House
15	9.59		Mackenzie Baert	Alberta	20-Jan-2012	Universiade Pavillion
16	9.60		Ashley Promhouse	Saskatchewan	20-Jan-2012	Universiade Pavillion
17	9.62		Lauren Taylor	Saskatchewan	27-Jan-2012	Saskatoon Field House
18	9.69		Courtney Wiens	Saskatchewan	20-Jan-2012	Universiade Pavillion
19	9.75		Tomiko Morris	Alberta	20-Jan-2012	Universiade Pavillion
19	9.75		Miranda Lajoie	Manitoba	02-Dec-2011	Max Bell Field House
21	9.89		Deondra Twerdun	Manitoba	02-Dec-2011	Max Bell Field House
22	9.90		Alicia Boxill	Manitoba	10-Dec-2011	Max Bell Field House
23	9.92		Hilary Peterson	Saskatchewan	27-Jan-2012	Saskatoon Field House
24	9.95		Karleigh Paul	Regina	20-Jan-2012	Universiade Pavillion
25	9.96		Samme Groenveld	Calgary	20-Jan-2012	Universiade Pavillion
26	10.08		Karen Robson	Saskatchewan	27-Jan-2012	Saskatoon Field House
27	10.14		Sarah Bawden	Alberta	20-Jan-2012	Universiade Pavillion
28	10.20		Hali Morrison	Calgary	08-Jan-2012	Universiade Pavillion
29	10.47		Karly Russell	Calgary	28-Jan-2012	Jack Simpson Track
30	10.83		Haley Ostberg	Manitoba	20-Jan-2012	Max Bell Field House
31	10.85		Monique Coutu	Saskatchewan	27-Jan-2012	Saskatoon Field House

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## **Best CANWEST Women's 4x200m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 1:42.51)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:39.68 *		University of Saskatchewan Huskies	Saskatchewan	03-Feb-2012	Max Bell Field House
2	1:43.03		Calgary Dinos	Calgary	08-Jan-2012	Universiade Pavillion
3	1:43.28		Alberta Pandas	Alberta	08-Jan-2012	Universiade Pavillion
4	1:44.35		University of Regina	Regina	07-Jan-2012	Saskatoon Field House

## **Best CANWEST Women's 4x400m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 3:53.41)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	3:48.33 *		University of Saskatchewan Huskies	Saskatchewan	20-Jan-2012	Universiade Pavillion
2	3:56.15		UVic Vikes	Victoria	20-Jan-2012	Universiade Pavillion
3	3:56.19		Alberta Pandas	Alberta	20-Jan-2012	Universiade Pavillion
4	4:00.60		Manitoba Bisons	Manitoba	20-Jan-2012	Bierman Field House

## **Best CANWEST Women's 4x800m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 9:06.96)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9:06.58 *		University of Saskatchewan Huskies	Saskatchewan	03-Feb-2012	Max Bell Field House
2	10:03.08		Alberta Pandas	Alberta	08-Jan-2012	Universiade Pavillion
3	10:15.45		Calgary Dinos	Calgary	08-Jan-2012	Universiade Pavillion

## **Best CANWEST Women's High Jump Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 1.71)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1.26		Samme Groenveld	Calgary	20-Jan-2012	Universiade Pavillion
2	1.36		Karleigh Paul	Regina	03-Dec-2011	Regina Field House
3	1.38		Kristjana Peterson	Manitoba	03-Dec-2011	Max Bell Field House
4	1.40		Hali Morrison	Calgary	18-Dec-2011	Olympic Oval
5	1.44		Leanne Hildenbrandt	Alberta	20-Jan-2012	Universiade Pavillion
6	1.48		Brooke Lychuk	Manitoba	03-Dec-2011	Max Bell Field House
6	1.48		Alexis Prychitko	Manitoba	10-Dec-2011	Max Bell Field House
8	1.50		Meredith Stoesz	Manitoba	15-Jan-2012	Bison Sports Arena
9	1.51		Haley Sigurdson	Manitoba	10-Dec-2011	Max Bell Field House
10	1.53		Mackenzie Baert	Alberta	20-Jan-2012	Universiade Pavillion
10	1.55		Shalane Haselhan	Regina	07-Jan-2012	Saskatoon Field House
10	1.55		Dagmar Anderson	Regina	07-Jan-2012	Saskatoon Field House
10	1.55		Shona Ritchie	Saskatchewan	07-Jan-2012	Saskatoon Field House
10	1.60		Lauren Taylor	Saskatchewan	07-Jan-2012	Saskatoon Field House

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10	1.60		Megan Rumpel	Regina	07-Jan-2012	Saskatoon Field House
10	1.60		Danielle Kabatoff	Saskatchewan	20-Jan-2012	Universiade Pavillion
10	1.60		Hazel Ross	Trinity Western	20-Jan-2012	Universiade Pavillion
18	1.62		Veronika (Nika) Smits	Saskatchewan	20-Jan-2012	Universiade Pavillion
18	1.65		Rachael McIntosh	Calgary	20-Jan-2012	Universiade Pavillion
18	1.65		Lindsey Bergevin	Alberta	03-Dec-2011	Universiade Pavillion
21	1.77 *		Rachel Machin	Calgary	20-Jan-2012	Universiade Pavillion
21	1.77 *		Emma Nuttall	Trinity Western	20-Jan-2012	Universiade Pavillion

## **Best CANWEST Women's Pole Vault Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 3.75)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	3.25		Mignon Le Roux	Saskatchewan	07-Jan-2012	Saskatoon Field House
2	3.30		Lindsey Bergevin	Alberta	03-Dec-2011	Universiade Pavillion
2	3.30		Alex Allen	Manitoba	15-Jan-2012	Bison Sports Arena
2	3.30		Sarah Boila	Manitoba	02-Dec-2011	Max Bell Field House
2	3.30		Melissa Richards	Manitoba	15-Jan-2012	Bison Sports Arena
2	3.35		Stephanie Vause	Saskatchewan	27-Jan-2012	Saskatoon Field House
7	3.45		Courtney Erickson	Saskatchewan	20-Jan-2012	Universiade Pavillion
7	3.55		Teresa Hill	Saskatchewan	20-Jan-2012	Universiade Pavillion
9	3.60		Paige Ridout	Calgary	18-Dec-2011	Olympic Oval
9	3.65		Kimberley Stephenson	Calgary	08-Jan-2012	Universiade Pavillion

## **Best CANWEST Women's Long Jump Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 5.70)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	3.97		Samantha Matschke	Saskatchewan	07-Jan-2012	Saskatoon Field House
2	4.42		Karleigh Paul	Regina	07-Jan-2012	Saskatoon Field House
3	4.43		Haley Sigurdson	Manitoba	03-Dec-2011	Max Bell Field House
4	4.46		Angelica Lang	Saskatchewan	07-Jan-2012	Saskatoon Field House
5	4.52		Brianna Adamson	Calgary	20-Jan-2012	Universiade Pavillion
6	4.57		Kirstie Prefontaine	Saskatchewan	27-Jan-2012	Saskatoon Field House
7	4.60		Hali Morrison	Calgary	18-Dec-2011	Olympic Oval
8	4.63		Deondra Twerdun	Manitoba	20-Jan-2012	Bierman Field House
9	4.70		Karly Russell	Calgary	08-Jan-2012	Universiade Pavillion
10	4.74		Chantell Betteridge	Regina	07-Jan-2012	Saskatoon Field House
11	4.78		Shelby Sander	Regina	03-Dec-2011	Regina Field House
12	4.79		Mallory Waters	Manitoba	03-Dec-2011	Max Bell Field House
13	4.81		Ali Comeault	Manitoba	20-Jan-2012	Bierman Field House
14	4.82		Amanda Gundrum	Manitoba	20-Jan-2012	Bierman Field House
15	4.84		Allison Kendall	Calgary	08-Jan-2012	Universiade Pavillion

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16	4.85		Megan Rumpel	Regina	03-Dec-2011	Regina Field House
17	4.87		Courtney Van De Kerckhove	Manitoba	03-Dec-2011	Max Bell Field House
17	4.87		Leanne Hildenbrandt	Alberta	27-Jan-2012	Tomlinson Field House
19	4.90		Courtney Wiens	Saskatchewan	20-Jan-2012	Universiade Pavillion
20	5.01		Laurie Harder	Saskatchewan	07-Jan-2012	Saskatoon Field House
20	5.01		Samme Groenveld	Calgary	20-Jan-2012	Universiade Pavillion
22	5.06		Mackenzie Baert	Alberta	20-Jan-2012	Universiade Pavillion
23	5.07		Julia White	Regina	27-Jan-2012	Saskatoon Field House
24	5.19		Shalane Haselhan	Regina	20-Jan-2012	Universiade Pavillion
25	5.23		Danielle Kabatoff	Saskatchewan	27-Jan-2012	Saskatoon Field House
26	5.43		Hayley Stewart	Trinity Western	20-Jan-2012	Universiade Pavillion
27	5.44		Veronika (Nika) Smits	Saskatchewan	07-Jan-2012	Saskatoon Field House
28	5.54		Rachael McIntosh	Calgary	20-Jan-2012	Universiade Pavillion
29	5.80 *		Rachel Machin	Calgary	20-Jan-2012	Universiade Pavillion

## **Best CANWEST Women's Triple Jump Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 12.24)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9.45		Brooke Lychuk	Manitoba	15-Jan-2012	Bison Sports Arena
2	9.77		Chantell Betteridge	Regina	07-Jan-2012	Saskatoon Field House
3	9.80		Karleigh Paul	Regina	27-Jan-2012	Saskatoon Field House
4	9.99		Kirstie Prefontaine	Saskatchewan	03-Feb-2012	Max Bell Field House
5	10.00		Courtney Van De Kerckhove	Manitoba	15-Jan-2012	Bison Sports Arena
6	10.06		Ali Comeault	Manitoba	15-Jan-2012	Bison Sports Arena
7	10.13		Brianna Adamson	Calgary	20-Jan-2012	Universiade Pavillion
8	10.15		Shona Ritchie	Saskatchewan	27-Jan-2012	Saskatoon Field House
9	10.30		Danielle Parrish	Calgary	20-Jan-2012	Universiade Pavillion
10	10.35		Julia White	Regina	07-Jan-2012	Saskatoon Field House
11	10.36		Shelby Sander	Regina	20-Jan-2012	Universiade Pavillion
12	10.50		Deondra Twerdun	Manitoba	02-Dec-2011	Max Bell Field House
13	10.53		Sarah Bauck	Regina	07-Jan-2012	Saskatoon Field House
14	10.67		Laurie Harder	Saskatchewan	20-Jan-2012	Universiade Pavillion
15	10.71		Alison Jestadt	Regina	03-Dec-2011	Regina Field House
16	10.82		Amanda Gundrum	Manitoba	15-Jan-2012	Bison Sports Arena
17	10.88		Allison Kendall	Calgary	18-Dec-2011	Olympic Oval
18	10.89		Karly Russell	Calgary	20-Jan-2012	Universiade Pavillion
19	11.39		Danielle Kabatoff	Saskatchewan	27-Jan-2012	Saskatoon Field House
20	11.88		Courtney Wilkes	Alberta	27-Jan-2012	Tomlinson Field House

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## **Best CANWEST Women's Shot Put Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 13.27)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	7.99		Karleigh Paul	Regina	03-Dec-2011	Regina Field House
2	8.20		Brooke Pluta	Manitoba	10-Dec-2011	Max Bell Field House
3	8.22		Mackenzie Baert	Alberta	20-Jan-2012	Universiade Pavillion
4	8.23		Kyla Bassingthwaite	Regina	20-Jan-2012	Universiade Pavillion
5	8.29		Jaclyn Fedorus	Alberta	20-Jan-2012	Universiade Pavillion
6	8.59		Leanne Hildenbrandt	Alberta	20-Jan-2012	Universiade Pavillion
7	8.61		Megan Rumpel	Regina	03-Dec-2011	Regina Field House
8	8.86		Hali Morrison	Calgary	20-Jan-2012	Universiade Pavillion
9	9.56		Jolene Dupuis	Manitoba	20-Jan-2012	Max Bell Field House
10	9.89		Janelle Olchowy	Saskatchewan	27-Jan-2012	Saskatoon Field House
11	9.90		Ciera Heshka-Wolf	Alberta	27-Jan-2012	Tomlinson Field House
12	10.19		Abi Bello	Alberta	08-Jan-2012	Universiade Pavillion
13	10.22		Veronika (Nika) Smits	Saskatchewan	17-Dec-2011	Saskatoon Fieldhouse
14	10.32		Lauren Taylor	Saskatchewan	27-Jan-2012	Saskatoon Field House
15	10.39		Deondra Twerdun	Manitoba	20-Jan-2012	Bierman Field House
16	10.44		Danika Wolfe	Regina	20-Jan-2012	Universiade Pavillion
17	10.55		Kristen Mackie	Saskatchewan	17-Dec-2011	Saskatoon Fieldhouse
18	10.82		Chelcie Kucharchuk	Alberta	20-Jan-2012	Universiade Pavillion
19	10.93		Alexa Matwyczuk	Manitoba	15-Jan-2012	Bison Sports Arena
20	11.31		Samme Groenveld	Calgary	20-Jan-2012	Universiade Pavillion
21	11.53		Chantelle Labrecque	Regina	03-Dec-2011	Regina Field House
22	12.25		Karla Gabruch	Saskatchewan	07-Jan-2012	Saskatoon Field House
23	12.30		Rachael McIntosh	Calgary	20-Jan-2012	Universiade Pavillion
24	12.36		Jamie Waine	Calgary	18-Dec-2011	Olympic Oval

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## **Best CANWEST Women's Weight Throw Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 16.47)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	9.88		Alexa Matwyczuk	Manitoba	15-Jan-2012	Bison Sports Arena
2	10.69		Kyla Bassingthwaite	Regina	20-Jan-2012	Universiade Pavillion
3	11.68		Madison Stewart	Manitoba	02-Dec-2011	Max Bell Field House
4	11.72		Jolene Dupuis	Manitoba	02-Dec-2011	Max Bell Field House
5	11.96		Danika Wolfe	Regina	07-Jan-2012	Saskatoon Field House
6	12.11		Karen Ferris	Manitoba	20-Jan-2012	Bierman Field House
7	12.58		Janelle Olchoway	Saskatchewan	17-Dec-2011	Saskatoon Fieldhouse
8	13.06		Jaclyn Fedorus	Alberta	08-Jan-2012	Universiade Pavillion
9	13.07		Christina Juert	Lethbridge	20-Jan-2012	Universiade Pavillion
10	13.12		Hailey Lyon	Lethbridge	20-Jan-2012	Universiade Pavillion
11	13.21		Abi Bello	Alberta	20-Jan-2012	Universiade Pavillion
12	13.78		Chantelle Labrecque	Regina	03-Dec-2011	Regina Field House
13	14.51		Chelcie Kucharchuk	Alberta	20-Jan-2012	Universiade Pavillion
14	14.78		Ciera Heshka-Wolf	Alberta	27-Jan-2012	Tomlinson Field House
15	14.89		Jamie Waive	Calgary	08-Jan-2012	Universiade Pavillion
16	15.56		Karla Gabruch	Saskatchewan	07-Jan-2012	Saskatoon Field House
17	16.17		Kristen Mackie	Saskatchewan	20-Jan-2012	Universiade Pavillion

## **Best CANWEST Women's Pentathlon Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 3598.00)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2428.00		Leanne Hildenbrandt	Alberta	20-Jan-2012	Universiade Pavillion
2	2435.00		Karleigh Paul	Regina	03-Dec-2011	Regina Field House
3	2734.00		Hali Morrison	Calgary	20-Jan-2012	Universiade Pavillion
4	2739.00		Samme Groenveld	Calgary	20-Jan-2012	Universiade Pavillion
5	2956.00		Mackenzie Baert	Alberta	20-Jan-2012	Universiade Pavillion
6	2998.00		Megan Rumpel	Regina	03-Dec-2011	Regina Field House
7	3577.00		Veronika (Nika) Smits	Saskatchewan	20-Jan-2012	Universiade Pavillion

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## **Best CANWEST Women's 200m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 24.27)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	25.70		Morgan Sawatzky	Saskatchewan	10-Dec-2011	Saskatoon Field House
2	25.99		Jenn Zimmer	Calgary	03-Dec-2011	Jack Simpson Track
2	25.99		Katrin Ritchie	Saskatchewan	10-Dec-2011	Saskatoon Field House
4	26.07		Kelsey Lotwin	Calgary	03-Dec-2011	Jack Simpson Track
5	26.09		Lisa Wong	Manitoba	20-Jan-2012	Bierman Field House
6	26.23		Lacey Miller	Calgary	03-Dec-2011	Jack Simpson Track
7	26.32		Mallory Waters	Manitoba	10-Dec-2011	Max Bell Field House
8	26.34		Merissa Margetts	Regina	03-Dec-2011	Regina Field House
9	26.47		Sade Ogungbemi	Manitoba	20-Jan-2012	Bierman Field House
10	26.49		Mariah Hensel	Calgary	03-Dec-2011	Jack Simpson Track
11	26.53		Leah Harpelle	Manitoba	20-Jan-2012	Bierman Field House
12	26.66		Kelsey Bohachewski	Regina	03-Dec-2011	Regina Field House
13	27.13		Adrea Propp	Regina	03-Dec-2011	Regina Field House
14	27.44		Alicia Boxill	Manitoba	20-Jan-2012	Max Bell Field House
15	27.49		Miranda Lajoie	Manitoba	20-Jan-2012	Bierman Field House
16	27.93		Meaghan Rempel	Manitoba	20-Jan-2012	Max Bell Field House
17	27.96		Amber Wylie	Regina	03-Dec-2011	Regina Field House
18	28.14		Shalane Haselhan	Regina	03-Dec-2011	Regina Field House
19	29.61		Shelby Sander	Regina	03-Dec-2011	Regina Field House

## **Best CANWEST Women's 400m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 56.55)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	1:00.06		Kimberly-Ann Bordun	Manitoba	15-Jan-2012	Bison Sports Arena
2	1:00.08		Sarah Huebert	Manitoba	15-Jan-2012	Bison Sports Arena

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## **Best CANWEST Women's 800m Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 2:10.91)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	2:07.70 *		Rachel Francois	Victoria	27-Jan-2012	Dempsey Field House
2	2:10.43 *		Kendra Pomfret	Victoria	27-Jan-2012	Dempsey Field House
3	2:17.37		Michelle Lavoie	Manitoba	15-Jan-2012	Bison Sports Arena
4	2:18.13		Jacky Phalen	Manitoba	15-Jan-2012	Bison Sports Arena
5	2:18.83		Sarah Huebert	Manitoba	10-Dec-2011	Max Bell Field House
6	2:19.97		Alex Bell	Manitoba	20-Jan-2012	Bierman Field House
7	2:20.14		Nicole Dubois	Manitoba	10-Dec-2011	Max Bell Field House
8	2:23.26		Lacey deJong	Manitoba	15-Jan-2012	Bison Sports Arena
9	2:25.93		Megan Moorhouse	Manitoba	10-Dec-2011	Max Bell Field House
10	2:33.87		Emilie Ford	Manitoba	10-Dec-2011	Max Bell Field House
11	2:34.08		Raven Stevens	Manitoba	10-Dec-2011	Max Bell Field House
12	2:37.97		Jennifer Bell	Manitoba	20-Jan-2012	Max Bell Field House
13	2:39.88		Richelle Ready	Manitoba	20-Jan-2012	Max Bell Field House

## **Best CANWEST Women's Mile Result for All Athletes as of 04-Feb-2012 00:11:40** (Standard: 4:53.19)

Rank	Result	Alt Result	Athlete	Team	Date	Venue
1	5:00.22		Brittany Therrien	Victoria	27-Jan-2012	Dempsey Field House
2	5:11.78		Jacky Phalen	Manitoba	20-Jan-2012	Bierman Field House
3	5:11.87		Nicole Dubois	Manitoba	20-Jan-2012	Bierman Field House
4	5:28.96		Alice Sherwin	Manitoba	15-Jan-2012	Bison Sports Arena